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Food, Page 1C

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VOLUME 21, NUMBER 12

WEDNESDAY, FEBRUARY 12, 1997

FIFTY CENTS

Davis bill aims at illegal firearms

SPRINGFIELD — State Rep. Steve Davis resurrected a bill Thursday that he wrote two years ago, that would require harsher penalties for felons who illegally carry firearms.

But unlike the bill of 1995 that never reached the floor of the House of Representatives, this year's measure sailed through the Judiciary-Criminal Law Committee with a unanimous vote of approval.

Under provisions of House Bill 140, unlawful use of a weapon by a felon would be elevated from a Class 3 felony with a penalty of two to five years in prison to a Class 2 felony, which carries a prison sentence of three to seven years.

To add more teeth to the bill, it makes the offense "non-probationable," meaning a convicted person must serve at least the mandatory minimum sentence.

Davis, D-Bethalto, said it feels good to finally have his first bill leave committee and be up for a vote by fellow representatives.

"It is a good anti-crime bill that keeps the bad guys in jail where they belong for a minimum of three years."

— Steve Davis

"I hope I can get it through the House and Senate and on to the governor's desk. It is a good anti-crime bill that keeps the bad guys in jail where they belong for a minimum of three years."

Davis, who has represented the district since 1994, said he is proud that his first bill to pass out of a committee is a "meaningful bill and not another license plate bill."

(See DAVIS, Page 4A)

\$24,000 a year for life

Local woman is a winner in lottery game

By Michelle Duell
Staff writer

When 47-year-old Shirley Rainey bought an instant scratch-off lottery ticket for \$1 at a 7-Eleven in Granite City, she had no idea she would win \$24,000 a year for the rest of her life.

The mother of five children and grandmother of five more children said she rarely bought lottery tickets. She bought the winning ticket and six others on a "whim."

"I can plainly remember the night I bought them," Rainey said. "I actually didn't scratch them off until the next day."

Two weeks later, I sent my daughter to the store and told her to turn them in. I was tired of carrying them around in my pocket."

The \$1 ticket, in "The Holiday Win for Life" instant game, was cashed in by her daughter, Amy, at the 7-Eleven store at Niedringhaus and 16th Streets.

"At first, I didn't believe it, because they (the children) make fun of me," Rainey said. "When I finally was convinced, I was elated!"

"I was so scared to let it



Shirley Rainey at her restaurant in Granite City.

(Staff photo by JOHN FRESE)

(the ticket) go. I was afraid of getting ripped off. I couldn't imagine turning loose of it."

Rainey, according to instructions, did take the ticket

to the lottery office in Cahokia. There she filled out necessary papers and received a receipt. Then, she was told she would

(See LOTTERY, Page 4A)



Jill Wagenblast, executive director of the Madison County Humane Society, holds one of the dogs available for adoption at the Edwardsville shelter.

New Humane Society director gets a 'blast' from her charges

By Nicole Vaughn
Staff writer

Profile

Jill Wagenblast knows when the Madison County Humane Society's Edwardsville shelter has visitors.

She knows without even stepping out of her office. But sometimes she does anyway.

"It's a lot of fun to see the kids getting acquainted with the animals," Wagenblast said. "The kids get really excited just being here. People in general 'ooh' and 'ah' over the animals."

Wagenblast's office shares a common wall with both the "get acquainted" and "puppy" rooms.

"You can always tell when someone's browsing," Wagenblast said. "The puppies go wild. I must be at the stage parents get to where they can just tune out noise because most of the time I don't hear them."

Wagenblast of Glen Carbon joined MCHS on

Jan. 27 as the group's first executive director. In the newly created position, Wagenblast will oversee budgets for both the Edwardsville and Collinsville sites and handle marketing, public relations and fund-raising efforts for the group.

Wagenblast is no stranger to animals. She grew up on a farm in Brighton, Ill. After 18 years in public radio, Wagenblast decided to make a change. While she doesn't consider herself "cause-oriented," Wagenblast said she just wanted to do something that would help.

"There are lots of non-profit organizations that provide community service," she said. "I just decided to try to help at one of them — and here was this job."

Wagenblast's initial emphasis was on

(See WAGENBLAST, Page 4A)

In the Journal

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5 FULLER'S FORECAST

John Fuller, Meteorologist, KSDK News Channel 5

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
37 29	34 27	33 22	37 23

By Michelle Duell
Staff writer

According to a letter issued Feb. 4 from a law firm that represents Pontoon Beach, homes were allowed to be built in the community's flood plain because of errors and/or omissions committed by village officials.

The letter was brought up Monday before committee members who are meeting monthly to review findings for the Federal Emergency Management

Agency, which claims the homes are in a Flood Hazard Area.

The letter was sent to the National Casualty Co. of Scottsdale, Ariz., from the law firm representing Pontoon Beach: Susman, Schermer, Rimmel & Shifrin, L.L.C.

The homes in question are located in the village's Timberlake and Chouteau subdivisions and are in danger of losing low-cost flood insurance.

"If we don't comply with FEMA, the village would be put on probation until

everything is corrected. If we were put on probation, everybody's flood insurance would go up \$50 a year," said Mike Macek, chairman of Pontoon's FEMA Committee.

"Building inspectors are being talked to, and an examination as to who failed to enforce the ordinances is taking place," Macek said.

Also as a result of the findings, homeowners are upset that building permits were issued by officials allowing them to build in the flood plain.

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NEWS



Open house — Above, David Ray shows his son, Andrew, 4, how to locate the family's home on the globe in his daughter Lauren's Lake School classroom during a recent open house. At right, Kim Yokley, 6, looks through some of the school projects at the open house to show her mother, Debbie. Below left, Taira Baumeyer, 10, shows her mother, Lisa Plantz, a poster she made. Below right, Al Bourbon looks at some of son Austin's work, which was posted in his classroom during open house. Watching in the foreground is Austin's friend, Ryan Waterford. Both boys are 7.



(Staff photos by JOHN FRESA)



Internships to take students outdoors

ALTON — Some college students will have a chance to get one step closer to their dream careers this summer.

More than a dozen internships are being offered throughout Illinois for college juniors, seniors and graduate students studying forestry, park management and administration, wildlife resources and rural and urban forestry.

The positions are full time and run from May 16 through Aug. 15. At least two of the internships, which pay \$1,000 a month, will be available in the River Bend area.

Department of Natural Resources Regional Land Manager Rick Messinger said he would be coordinating one intern at Pere Marquette State Park near Grafton to assist the park interpreter and perform other tasks.

"The student will handle different aspects of working with the public, getting some administrative duties and some recreational things. They'll get exposure to all components of park management and outdoor recreation. It's a great opportunity."

Qualified students for the Pere Marquette internship as well as one at the Department of Natural Resources office in Alton will gain practical knowledge of their chosen profession. Preference will be given to those requiring an

internship before graduation.

Regional Forester Tom Lamer said he would interview all students seeking a summer job in the Alton district office on Fosterburg Road and that the competition will be tough.

"They have to be studying forestry or a related field. One catch is they have to have successfully completed a basic tree identification course."

The student selected to work in Alton will focus on woodland management and urban forestry. Duties may include tree planting, street tree inventory and troubleshooting insect and disease problems.

Additional four- to six-month internships are available at 10 other sites throughout the state.

For applications or additional information, call the Department of Natural Resources at 662-1181.

— From The Telegraph

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America's Best Community Newspapers

Dinner to salute volunteers

The federal government may take something away when it comes to taxes but its St. Louis area employees also give something back to the community, particularly when it comes to raising money for charity.

Some of those employees who volunteered their time to help raise \$2.42 million for charity last year will be cited at the 1986 Combined Federal Campaign (CFC) recognition luncheon next week.

The luncheon is set for 11 a.m. to 2 p.m., Wednesday, at Fischer's Restaurant, 2100 West Main St., in Belleville. More than 200 persons are expected to attend.

Honored will be federal employees from throughout an 11-county area in Missouri and Illinois who helped raise money during the CFC fund-raising campaign.

The CFC campaign is the sole annual workplace solicitation of charitable contributions from 37,000 federal employees in the area, who can range from postal workers, to federal agency employees, to military personnel.

About 75 organizations along with 50 individual volunteers will be recognized at the luncheon. About 3,000 employees are actively involved in the campaign, which provides funding to more than 1,400 charitable organizations. Some of those organizations also will receive checks at the luncheon for the amount they will receive from the campaign.

The Federal Executive Board, an organization of federal agencies in St. Louis, organizes the campaign. The campaign chairman is Ronald J. Lambert, district director for the Internal Revenue Service in St. Louis.

For more information on the program and luncheon, contact John Glenn, PCFO campaign director, at (314) 539-4125. The United Way of Greater St. Louis provides consulting services to the campaign.

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Therapeutic — Alicia Skirball of Granite City, left, Caroline Renner of Belleville and Christopher Keith of Edwardsville play three of the principal characters in "Beyond Therapy," a comedy being presented at Southern Illinois University at Edwardsville this weekend and next. Performances are set for 7:30 p.m. Feb. 14, 15, 21 and 22 and 2 p.m. Feb. 23.

Glen Carbon delays action on strip mall

Developers will need to fine-tune the final plat before Glen Carbon officials make way for a proposed hotel and strip mall at the foot of Sunset Hill.

The Planning and Zoning Commission reviewed the final plat for Sunset Terrace at the corner of Illinois Route 157 and Interstate 270 last week, but officials put off approval until developers finish necessary details.

Developers Pete Fields and brothers Bob and Mike Bruegge announced plans in December for an Amerihost hotel on a 1.6-acre parcel with an in-ground swimming pool and several meeting rooms. A full-service restaurant and large furniture store have also been proposed.

Commission member Jessalyn Frank said the village needs covenants and restrictions accompanying the plat to meet requirements of the village's subdivision control ordinance.

Developers also need to add easements and determine who will be responsible for any common areas left undeveloped in the plan, she said.

"The committee wants to know what they're going to do with the undeveloped lots, and who will care for them so they will not grow up in weeds," Frank said.

Other committee members were concerned

with the change in the slope of the 34-acre site and its possible effect on the privacy of nearby Glenwood Estate neighbors.

Officials worried that the natural, visual buffer created by a ravine could be reduced with the change in grade level.

Fields said developers have agreed to a 100-foot buffer zone at the rear of the property and plan to meet with subdivision representatives later as plans proceed.

Developers will add a retaining wall at the front of the site to set off the hotel and they will terrace the slope, Fields said.

The change in grade allows easier access to the property from Route 157, but that entry road could be moved farther south when the Illinois Department of Transportation completes an intersection design study in two weeks.

The access road could be moved in line with a service station entrance, which would add to the safety and turning space into the site, Sunset Terrace engineer Patrick Netemeyer said.

Zoning officials plan to take another look at the revised plat in two weeks.

— From The Telegraph

Hotel/motel tax is approved

Glen Carbon officials are ready with a new hotel/motel tax before the first lodging establishment opens its doors.

The Village Board has approved a 5 percent tax on gross room receipts, several months before the town's first hotel is expected to open at Illinois 157 and Interstate 270.

The new tax could produce an estimated \$30,000 to \$75,000 a year, once developers Pete Fields and Bob and Mike Bruegge complete plans announced in December to open an Amerihost hotel at the intersection.

The new tax must be used only for tourism and convention-type activities, but it could free general revenue funds used now for those purposes.

The village routinely helps fund the annual Harvest Homefest and Applefest celebrations that could draw on the tourism funds, officials said.

The board agreed to change zoning from agricultural to commercial to accommodate the hotel complex that could include a possible strip mall, restaurant, furniture store and other businesses, provided the developers agree to a buffer zone to accommodate neighbors.

Fields said he has met with nearby homeowners and will include that agreement with the final phase of the development.

— From The Telegraph

Farmers market being planned

Organizers are hoping that enthusiasm over a planned downtown farmers market will continue to grow.

City officials have agreed to close St. Louis Street between Mark Twain Plaza and the Madison County Courthouse for the Land of Goshen Community Market, a planned weekly event featuring around summer fruit and vegetable vendors and folk art and entertainment.

Officials also recently announced a \$3,000 grant from

the city's Tourism Commission. The market will use the money, collected through the city's 3 percent hotel/motel tax, to promote the new festival and provide entertainment.

"We want to run solstice to solstice, June 21 to Sept. 21," Chairman Jamie Henderson said.

Henderson's volunteer group envisions dozens of booths brimming with seasonal produce brought in by local gardeners and augmented by

groups of visual and performing artists and folk artists.

"We want folk art booths with blacksmiths or potters or basket makers. We're going after the folk art and will tap into Southern Illinois University at Edwardsville," he said.

Organizers understand that startup costs are high, but Henderson said the market should be known for quality from the beginning. Later, the market could bring in violin makers or other specialized artists demonstrating their expertise, he said.

Promoters will also encourage the full support and participation of downtown merchants to help create the atmosphere for a community event with the energy and enthusiasm to bring people downtown, he said.

"We want live music on a weekly basis and mimes, face painters and pony rides," Henderson said.

Service groups also will be invited to add booths offering a variety of wares, and the University of Illinois Cooperative Extension Service has agreed to help recruit gardeners and farmers.

Henderson said the festival could be patterned after the 25-year-old Madison Market in Wisconsin that draws 20,000 people to 300 vendor booths set up around the capitol building.

— From The Telegraph



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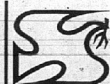
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NEWS

Obituaries

John Bennett

John D. Bennett, 48, of Granite City died at 4:43 p.m. Saturday, Feb. 8, 1997, at John Cochran V.A. Hospital in St. Louis. He was born Dec. 6, 1948, in Granite City.

Mr. Bennett, a U.S. Navy veteran who served on the USS Saratoga, was employed by Riley Tar of Granite City as a laborer. He was a member of Holy Family Catholic Church and Paralyzed Veterans of America.

Survivors include his parents, Norman E. Sr. and Gloria (Bennett) Bennett of Granite City; four brothers, Norman Jr. and Glen Bennett, both of Granite City; Tony Bennett of New Hampshire and Donnie Bennett of Livingston; and two sisters, Gloria Jean Hall of Mt. Olive and Claudia Branch of Granite City.

Services were held Monday, Feb. 10, at Irwin Chapel, 3960 Maryville Road, Granite City, with the Rev. Bill Fisherkeller officiating. Burial was in Sunset Hill Memorial Estates in Glen Carbon.

Memorials are suggested to Disabled American Veterans or Paralyzed Veterans of America.

Joseph Thompson

Joseph D. Thompson, 71, of Granite City died at 10:30 p.m. Friday, Feb. 7, 1997, at St. Elizabeth Medical Center in Granite City, following a 12-year illness. He was born July 2, 1925, in Tamm.

Mr. Thompson, a U.S. Navy veteran, was a self-employed furniture mover and of the Pentecostal faith.

Survivors include three sisters, Thelma Maykopp, Betty Fudge and Dorothy Batey, all of Granite City; and many nieces and nephews.

He was preceded in death by his parents, William H. and Addie (Parker) Thompson; four brothers, Ben, Harry, Donald and Vernon Thompson; and one sister, Opal Lee.

No visitation or services will be held. The body was cremated.

Arrangements were handled by Werner Chappell Funeral Home, 3939 Lake View Drive, Ponton Beach.

James Jump Sr.

James Robert Jump Sr., 62, of Mounds, formerly of Granite City, died at 1:30 p.m. Saturday, Feb. 1, 1997, in Mounds. He was born Feb. 15, 1934, in Mound City.

Mr. Jump was a retired truck driver and Korean Army veteran.

Survivors include one son, James Robert Jump Jr.; four daughters, Theresa Huff, Mona Lee McElvaine, Paula Marie Kline and Tracie Jean Earnest; one sister, Toni Barnhart; eight grandchildren; and his companion, LaVonne Whittaker.

He was preceded in death by his wife, Shirley Jean (Hoelzer) Jump, who died Dec. 6, 1988; his parents, Joseph Franklin and Mildred Louise (Shores) Jump; a sister, Thelma Lee Martin; and an infant brother.

Private visitation for the family was held Sunday, Feb. 2, at the Jones Funeral Home in Villa Ridge with cremation following. Private memorial services will be held at a later date.

J. Houston

Jacqueline E. Houston, 53, of Granite City, formerly of St. Charles, Mo., died at 1:39 p.m. Saturday, Feb. 8, 1997, at St. Elizabeth Medical Center in Granite City following a seven month illness. She was born Sept. 2, 1943, in St. Louis.

Mrs. Houston was a homemaker and of the Catholic faith.

Survivors include her husband, Carlos Cooper; two daughters, Jackie Hoffman of Red Bud and Karen Stafford of Granite City; four sons, Darion, Jonathan, Jerry and Jimmy Stafford all of Granite City; three brothers, Tim Houston of Wisconsin, Steve Houston of Granite City and Don Houston of St. Louis; two sisters, Barb Houston of O'Fallon and Ariane Malone of St. Charles, Mo.; and nine grandchildren.

She was preceded in death by her parents, Leslie and Nellie (Tybur) Houston.

Visitation will be from 4-8 p.m. today, Wednesday, at Werner Chapel for Funerals, 3939 Lake View Drive, Ponton Beach. Services are scheduled for 11 a.m. Thursday, Feb. 13, at Werner Chapel with the Rev. Tom Liebler officiating. Burial will be at Mt. Lebanon Cemetery in St. Louis.

Memorials are suggested to the Diabetes Foundation.

G. Underwood

Grady Underwood, 79, of French Village, Mo., formerly of Granite City, died Saturday, Feb. 8, 1997, at Barnes Hospital in St. Louis where he had been a patient for two weeks. He was born Feb. 25, 1917, in Platt, Ark.

Mr. Underwood retired in 1975 as owner of Nameoki Industrial Service Station in Granite City. He was a World War II Army veteran and member of Hope Lutheran Church.

Survivors include two sons, Jeff and Roger Underwood, both of Collinsville; two sisters, Betty and Betty (Weller) Columbia, Mo.; and Rachel Tiffany of Arnold, Mo.; one brother, Pete Underwood of Jackson, Mo.; and four grandchildren.

He was preceded in death by his wife, Janet LaVerne (Hille-

mann) Underwood, whom he married April 5, 1940, and who died Oct. 26, 1993; his parents, Luther and Lula (Williamson) Underwood; and one sister, Lillian Pocoroba.

Services were held Tuesday, Feb. 11, at Irwin Chapel, 3960 Maryville Road, Granite City, with the Rev. David Fielding officiating. Burial was in Sunset Hill Memorial Gardens in Glen Carbon.

Memorials are suggested to Hope Lutheran Church, 3715 Wabash, Granite City.

L. McGuire

Lawrence Vernon McGuire, 74, of Granite City died at 11 p.m. Thursday, Feb. 6, 1997, at his residence. He was born Aug. 20, 1922, in Carrollton.

Mr. McGuire, a World War II U.S. Navy veteran, retired in 1979 from the Granite City Army Depot after 33 years as a cost estimator.

He was a member of St. Elizabeth Church, Granite City, DAV Wood River Council Lodge 1349, Altos Eagles 254 and Knights of Columbus 1098.

Survivors include his wife, Doris (Hosto) McGuire, whom he married May 8, 1948; two daughters, Carol Korkate of Columbia and Mary Strader of Glen Carbon; two sons, Dale McGuire of Edwardsville and John McGuire of Alton; and one sister, Silmons of Wood River.

He was preceded in death by his parents, Louis and Cecelia (Gress) McGuire; and one brother, Edgar McGuire.

Mae Provo

Mae E. (Charles/Hardas) Provo, 80, of Granite City died at 9 a.m. Saturday, Feb. 8, 1997, at Memorial Hospital in Belleville. She was born Dec. 3, 1916, in Tovey.

Mrs. Provo was a homemaker and of the Methodist faith.

Survivors include her husband, Jesse John Provo; one son, Phil Hardas Jr. of Fairmont City; four daughters, Darlene Moore of Caseyville, Connie Clayton of Seymour, Tenn.; Linda Conley of Omaha, Neb.; and Peggy Heard of Collinsville; one adopted daughter, Pauline Ellwell of Florida; 16 grandchildren and 13 great-grandchildren.

She was preceded in death by her first husband, Philamon E. Provo; her parents, Albert and Nettie Charles; one daughter, Barbara Kraus; one son, Phil; and one sister, Clara.

Services were held Monday, Feb. 10, at Irwin Chapel, 3960 Maryville Road, Granite City, with the Rev. Bud Bennett officiating. Burial was in Sunset Hill Memorial Estates in Glen Carbon.

Memorials are suggested to the family.

Services were held Monday, Feb. 10, at St. Elizabeth Catholic Church, 2301 Ponton Road, Granite City, with the Rev. Tom Liebler officiating. Burial was in Sunset Hill Memorial Estates in Glen Carbon.

Memorials are suggested to the St. Elizabeth Catholic Church or Madison County Hospital.

Man faces 40-year sentence in murder

A New Douglas man faces up to 40 years in prison after pleading guilty to the murder and robbery of a 62-year-old drug dealer.

Joseph Runge Jr., 27, pleaded guilty to the first-degree murder and armed robbery of Donald E. "Moon" Schwend in exchange for a 40-year cap on his prison sentence.

Runge, his older brother Gary Runge, 29, and Risa Schumacher, 18, of Highland, were charged several days after Schwend's body was discovered in his Highland home in February.

Schwend was shot with a shotgun Feb. 17 and found three days later by family members who had not been able to contact him.

Inside Schwend's home, police discovered a substantial number of marijuana plants and drug paraphernalia. Police also discovered several homemade videotapes of partially nude girls.

Madison County Sheriff's Department detectives said Schwend had been a frequent visitor at the home; they said they believed robbery was the motive in the attack.

Schwend had a reputation for selling and buying away marijuana, authorities said.

A search of the Runge home in New Douglas turned up several pieces of evidence linking the three to the murder, including several guns taken from Schwend's home, his wallet and a video camera.

Schwend pleaded guilty to the murder several days after August and was sentenced to 30 years in prison. Gary Runge, 27, pleaded guilty to the murder and was sentenced to 30 years in the Madison County Jail in lieu of \$500,000 bond.

Joseph Runge, who was prosecuted by Assistant State's Attorney Susan Jensen and defended by attorney Steve Evans, will be sentenced later by Circuit Judge Charles Roman Jr.

Runge will be required to serve 100 percent of his sentence with no credit for good time.

—From The Telegraph

Group plans food pantry

By Jason White

Staff writer

The Washington Park Emergency Organization plans to build an office as the first step in creating the village's only licensed food pantry and shelter.

WPEO President Tom Qualls recently purchased a 25-foot-by-150-foot vacant lot at 6105 N. Park Drive, behind the Sav-A-Lot food store in Washington Park. This summer, the group hopes to raise enough money to build a 15-foot-by-24-foot office on the site. Qualls said he has raised about half of the \$4,000 to \$5,000 he needs to build the office.

To fund the building, the organization is holding a raffle. For \$1, participants will get a chance to win a first prize of \$500, second prize of \$50 or a third prize of 25 Lotto tickets. Tickets for the raffle are being sold by the group.

The drawing for the raffle will be held on March 29 after the 12th Annual Easter Egg Hunt at the mini-park, located at 6105 Park Drive in Washington Park. This summer, the group hopes to raise enough money to build a 15-foot-by-24-foot office on the site. Qualls said he has raised about half of the \$4,000 to \$5,000 he needs to build the office.

Qualls said he will continue to raise money for a larger building that can serve as a food pantry, chapel and shelter. The office is the first step toward receiving the state certification necessary to run a food pantry, he said.

Qualls eventually wants to use the site for other fund-raising events, such as gospel concerts and chili suppers. "It's hard to raise money when you're a small organization," he said.

"We want to do everything we can," Qualls said. "We haven't given up."

For the past 12 years, WPEO has been operating out of Qualls' home and has functioned as the only emergency aid organization in Washington Park.

"We want to do everything we can," Qualls said. "We haven't given up."

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AIDS cases dropped in St. Clair County

By Kimberly Haas

Staff writer

The number of AIDS cases decreased in St. Clair County but increased in the state in 1996, according to a report from the Illinois Department of Public Health.

The newly released report shows the number of new AIDS cases in St. Clair County dropped to 16 in 1996, compared to 25 reported cases in 1995.

While the number of overall cases reported in Illinois last year increased 1 percent over the number reported in 1995.

In 1996, 2,212 AIDS cases were reported in the state, while 2,186 cases were reported in 1995.

In a written statement, State Public Health Director Dr. John Lumpkin said it is encouraging that the number of cases in Illinois have slowed over the past two years.

"It's good news but there are still too many cases," said Sara Duguay, director of Health Promotions for the department.

Duguay attributes continuing education on AIDS as a factor in the declining number of cases.

"We go around in the community and send out information about AIDS. We have a wide audience," she said.

In addition, Duguay said new medications and treatments are keeping the number of cases down by delaying the onset of AIDS. Because of the St. Clair County Health Department's efforts, it has become the state total in 1996, up from 14 percent in 1995.

Man faces 40-year sentence in murder

A New Douglas man faces up to 40 years in prison after pleading guilty to the murder and robbery of a 62-year-old drug dealer.

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Runge will be required to serve 100 percent of his sentence with no credit for good time.

—From The Telegraph

Saturday classes at BAC continue

If you wonder what you could do to help endangered species, wish you could paint like one of the masters, or just want to improve your own morale, the Belleville Area College's Saturday classes are just what you need.

BAC is offering courses ranging from Endangered Species Management to Oil Painting at the Belleville Campus, 2500 Carlyle Ave.

Each of these non-credit courses will meet on a Saturday or a weekday. Some classes will meet only once, while others will meet for several sessions. Tuition and supply costs will vary depending on the class. Tuition must be paid before the first day of the class; however, supply fees must be paid to the instructor on the first day of the class.

Classes starting the week of Feb. 15 include:

- Arts and Crafts - Improving Your Morale - 8:30 - 11:30 a.m., one session, room to be announced. Learn to maintain a positive attitude and deal with difficult people. Fee, \$11. Supplies, none.
- Aquarium Management - 9 a.m. - noon, two sessions, room to be announced. Learn the challenges of managing the biodiversity of endangered species. Fee, \$21. Supplies, none.
- ACT Prep Workshop - 9 a.m. - noon, four sessions, room to be announced. Review your reading, comprehension, math and English skills for the ACT. Fee, \$54. Supplies, none.

For more information, call 636-222-2222.

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"I walk in here every day and there are all these cute little faces saying, 'Take me. Take me.'" Wagenblast said. "I wish all so cute. How can you resist them? So you never know when one will be driving home with me."

From there, Wagenblast joined radio station KWMU where she stayed seven years, spending the last two as the station's marketing outreach manager.

Wagenblast has lived in the Glen Carbon/Edwardsville area for almost 16 years.

Senior menus

Donations for noon meals are \$2. Call day ahead for reservation, 877-4373.

Wednesday, Feb. 12
Fried fish fillet, au gratin potatoes, zucchini and tomatoes, rye bread, lemon pudding.

Thursday, Feb. 13
Meatloaf, whipped potatoes, gravy, beets, wheat bread, cherry turnover.

Wagenblast

(Continued from Page 1A)

broadcast journalism — a far cry from her original intention to become a teacher.

"As soon as I got into college I immediately became interested in other things so the teacher thing never entered into it," she said.

After graduating from Sangamon State University in Springfield, Wagenblast got a job at a station there. She later came to WSIE, Southern Illinois University at Edwardsville's radio station, where she spent almost 10 years. While there she worked as the station's coordinator for news and public affairs.

"The whole university experience was great," Wagenblast said. "You have access to so many things, all in walking distance."

When she's not working, Wagenblast said she likes to read and go to the show business travelogue.

Some of her favorite trips have been to the Glacier National Park in Montana, the Badlands of South Dakota and Yellowstone National Park.

She said she is hoping to visit the north-

eastern United States soon.

"I'd like to go to Maine and just the whole East Coast area of the country," Wagenblast said.

While taunted by the full cages at the shelter, Wagenblast ironically has no pets. She is hoping that area residents will help empty the cages and give them to the occupants good homes.

The shelter's telephone number is 666-4406; in Collinsville, 644-0100.

Wagenblast may help reduce that number herself.

"I walk in here every day and there are all these cute little faces saying, 'Take me. Take me.'" Wagenblast said. "I wish all so cute. How can you resist them? So you never know when one will be driving home with me."

From there, Wagenblast joined radio station KWMU where she stayed seven years, spending the last two as the station's marketing outreach manager.

Wagenblast has lived in the Glen Carbon/Edwardsville area for almost 16 years.

"I've finally like home now," Wagenblast said.

That may be in part because she was able to pay off her home about 18 months ago.

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NEWS

Airlift's mission: To save life, limb

By Kimberly Haas
Staff writer

Flying about five missions per day is normal for crews with the 375th Airlift Wing at Scott Air Force Base. "Our main mission is to save life and limb," said Capt. Phillip Cook Jr., a registered nurse with the 375th. The active duty unit flies about 25 scheduled aeromedical missions throughout the country each week. In 1996, an average of 1,456 patients were moved each month.

"We take the terminally ill home to their families. We can divert a whole mission to pick someone up, depending upon how sick they are," Cook said. Capt. Chris Morgan, a pilot with the 375th, said a flight mechanic, two pilots, two nurses, and three medical technicians normally fly on the missions with the patients. "We can carry 44 litters (on the C-9A Nightingale, a military version of the DC-9)," he said.

Being able to carry 44 litters, or patients, is one reason the aircraft is invaluable to the wing's main mission — saving life and limb. The aircraft is the only one in Scott's inventory specifically designed to move litters and ambulatory patients.

Twelve C-9A Nightingales are currently operated out of Scott's Air Mobility Command by the 375th. Members of the Air Force Reserve's 932nd Airlift Wing, stationed at Scott, also fly with the active duty members of the 375th, using the same aircraft and facilities.

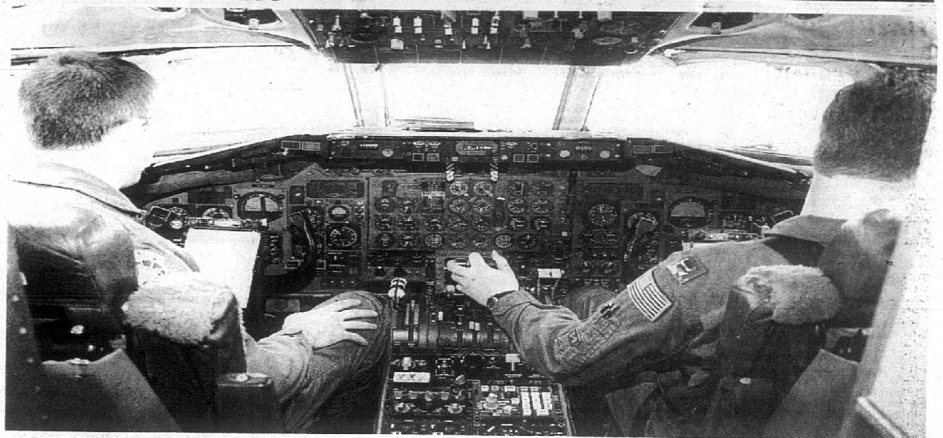
"We take the terminally ill home to their families. We can divert a whole mission to pick someone up, depending upon how sick they are," said Capt. Phillip Cook Jr., a registered nurse with the 375th.

Reservist and medical technician Simone Reeves said she flew five missions in December, with the average monthly number being just one. A 16-year veteran of the reserves, Reeves said she has 5,100 flight hours under her belt.

"I'm the third generation of females in my family to serve in the military," she said. For Reeves, the ability to take care of seriously ill patients on the aircraft is the most satisfying part of the job.

Acting as a hospital in the skies for sick patients, a C-9A Nightingale provides patients with the comfort and equipment needed in medical emergencies.

The aircraft includes such necessities as vacuum and oxygen outlets; a medical supply work area with a sink, storage area, and work table; and a hydraulic folding ram, allowing for the efficient loading and unloading of patients.



Capt. Chris Morgan, left, and Capt. Donald Mathews go through an instrument check before takeoff.

Seats within the aircraft can also be removed to accommodate patients and medical equipment during missions. Medical teams flying the missions are often reconfigured too.

Past missions of the 375th include providing aeromedical service to 21 military members injured in a crash at Pope Air Force Base in 1994; providing an aeromedical airlift to the U.S. Army helicopter pilot downed during 1993's Operation Provide Hope in Somalia; taking children injured in the 1989 Armenia earthquake to several hospitals in the U.S.; and airlifting American hostages out of Iran in 1979 and 1980.



Above, Tech. Sgt. Simone Reeves examines the medical supply area on the C-9A. At right, a dummy is used to show how the plane's interior can be reconfigured to accommodate litters.

(Staff photos by T.L. WITT)



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Date:
Friday, March 7, 1997

Information:
For an appointment, call Memorial's Physical Therapy Department at 257-5250.

Donald I. Serot, M.D.,
Orthopedic Surgeon
Co-Director, Arthritis Service

Judith Waller, M.D.,
Internist Co-Director,
Arthritis Service of Southern Illinois

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NEWS

Nursing home head faces prison sentence

A former Alhambra nursing home director is facing up to 13 years in a federal prison for his guilty plea Thursday to embezzling more than \$1.5 million from the home, an elderly resident and a construction company.

Jon R. Lyerla, 44, of Edwardsville, pleaded guilty in U.S. District Court in East St. Louis to charges of embezzlement and filing a false income tax return in 1994. He also faces a fine of up to \$1 million.

Lyerla, the former executive director of Hitz Memorial Home, admitted he stole more than \$540,000 from the Alhambra home by making overpayments to his salary. He also admitted stealing about \$220,000 from an elderly patient after taking control of her patient's banking accounts.

Lyerla, who was suspended from his duties by the nursing home board in October 1995, also admitted embezzling more than \$800,000 from the nursing home and Korte Construction Co. by falsifying records so that funds intended for construction at the nursing home actually went to his own personal use.

Lyerla also admitted he knowingly failed to report all of his income for the 1994 tax year.

U.S. District Judge Paul Riley is expected to sentence Lyerla May 9.

Officials were not available Thursday to comment on the case, which was investigated by the Medicaid Fraud Control Unit, the Internal Revenue Service, the FBI and the Southern Illinois Health Care Task Force.

Members of the nursing home's board of directors declined to comment.

—From The Telegraph

Holbrook at office here today

State Rep. Tom Holbrook, D-Belleville, will hold open office hours from 1 p.m. to 2:30 p.m. today, Wednesday, at his Granite City office, 1310 Niedringhaus Avenue. Anyone may stop by during open office hours. Appointments can be made at other times by calling 451-0200.

Woman indicted in death

By Mark Hodapp
Staff writer

Three indictments were filed Friday against a West Columbia, Texas, resident who allegedly killed her daughter 35 years ago. Mary M. Morgan, 56, is being held at St. Clair County Jail on a \$1 million bond.

In December, Morgan was charged with murdering her stepdaughter, Michele Morgan, who died on Aug. 10, 1961. She was 4 years old.

About a dozen of Morgan's friends and supporters, including her husband, Billy, were at St. Clair County Courthouse when the indictments were read Friday.

The three indictments include one count of murder and two counts of involuntary manslaughter.

The punishment for murder is a minimum of 14 years to a maximum of life imprisonment, State's Attorney Robert Haida said.

The involuntary manslaughter counts carry a maximum punishment of 14 years imprisonment.

Morgan showed no emotion leaving the courthouse. She, however, started to cry as her indictments were read.

Billy Morgan had no comment after leaving the courthouse. Billy was a military officer at Scott Air Force Base when the alleged murder occurred.

A bond reduction hearing is expected to be held Tuesday or Wednesday, according to her attorney, Randy Kelley.

Kelley said at the hearing he will ask that Morgan's bond be reduced and that she be released from prison because of her health. Morgan has cancer.

"She wants to confront these charges," he said.

Interest in the death was renewed last year when Michele's older brother, George Morgan, inmate at Missouri prison, wrote St. Clair County Coroner Rick Stone about the abuse his sister allegedly suffered under her stepmother.

In his letter, Morgan wrote that he saw his stepmother beat his sister to death at their home just outside of Mascoutah.

Heart Program

A free community health-education program

Wednesday, February 19

6—7 p.m. Heart Information Open House—Exhibits

will feature information on the diagnosis, treatment, and prevention of heart disease.

Heart-healthy food preparation will be demonstrated by hospital's Executive Chef Brian Pehr—samples and recipes will be available.

7:00 p.m. Two cardiac rehabilitation patients will be crowned "King and Queen of Hearts."

7:15 p.m. "How to be Heart Smart," presented by Cardiologist Roop Lal, M.D., Cardiology Consultants, Inc.



Roop Lal, M.D.

A Cardiac Risk Blood Profile will be offered on Saturday, February 15. Fasting is required. Fee is \$15. Results will be available at the Heart Program on Wednesday, February 19. Registration is required.

To register for Heart Program and/or Blood Profile, call 234-2120, ext. 1575.

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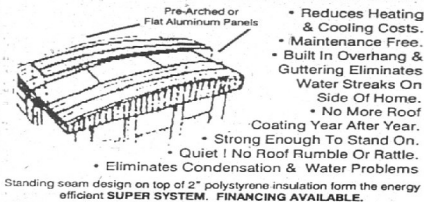
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NEWS Unusual tax deductions add levity

By Allyson McCollum
Staff writer

When tax time comes around, creative taxpayers abound, causing frustration and a little laughter at Internal Revenue Service offices.

Taxpayers can receive deductions for a variety of legitimate expenses from throughout the year — medical bills, other taxes, theft or loss, catastrophic experiences, business expenses, home mortgages and more, said John Dearing, senior communications specialist at the St. Louis IRS office.

About 70 percent of people take the standard deduction, making their returns fairly simple, said Ruth A. Rothbacher, communications manager at the St. Louis office.

That leaves 30 percent who itemize their deductions, sometimes showing great imagination.

One of Dearing's favorites is from a revenue agent who was auditing a flight attendant in San Francisco. She attempted to deduct cosmetics and clothing because of the need to keep up her appearance for her job. That included underclothing, which she said she only wore when working.

That deduction was disallowed.

A teacher once tried to deduct her eyeglasses, and a businessman the repair of his watch as business expenses, Dearing said. Though no one will argue that teachers need to see and businessmen need to know what time it is, neither of these deductions was legal. The only deductible clothing is required uniforms, such as those worn by police and firefighters.

Another man tried to claim money he had given his brother as a charitable contribution.

One woman tried to write off her heating fuel bill as a fire loss, while another likened her son-in-law to a natural disaster when she sought to take a deduction for him as a casualty loss.

None of those deductions was allowed either.

Veterinarian bills don't count as medical expenses, though

Mailbag not only way to file

The IRS offers several filing methods other than by mail.

These include the following:

- Telefile is an option to about 22 million people this year. It is a method of filing by telephone for people whose returns require few computations. The IRS sent packages to eligible taxpayers.

- Telefile is available 24 hours a day, seven days a week. Taxpayers receiving a Telefile booklet need only fill out the return sheet before calling.

- A computer will guide the taxpayer through the steps to record the information, and the math will be done automatically. Refunds will be received in 21 days, with balances due by April 15.

- Because of the ease of the method, the IRS encourages anyone who qualifies to use Telefile.

- On-line filing is also available 24 hours a day, seven days a week. It provides a faster refund than traditional filing. It can be done from a home computer with a modem, although it does require an on-line service or a transmitter. On-line services have software packages formatted to IRS requirements, and transmitters are associated with commercial software developers.

- Electronic filing for most individual 1040 returns is available through a paid tax preparer or a site for Volunteer Income Tax Assistance or Tax Counseling for the Elderly.

- The 1040PC is filed through the mail, but is prepared using a software package that calculates the tax. It consists of a shorter tax return than other methods.

- Direct deposit may be used with any 1040 tax form. It pays a tax refund to be electronically deposited into a taxpayer's bank account for a quicker and safer refund, Rothbacher said.

people do try to claim them, Dearing said. A pet dog can't be written off as a security system, either, although at least one man tried.

The complicated nature of tax laws means some people may think they're making legitimate deductions, Dearing said.

"Others are just trying to get away with something," he said. "Taxes are confusing enough, that the IRS recommends anyone in a complicated tax situation go to a professional return preparer, Rothbacher said."

The IRS has toll-free information lines for tax help, but callers sometimes need more help than phone operators can offer. Two operators report the following conversations: "Is your son a dependent?" Answer: "Oh, no honey, he's been on drugs for sometime now." "What is your filing status?" Answer: "Oh, I mailed them."

The important thing to remember in filing a return is that you are stating that you can prove whatever deductions you claim, Rothbacher said.

"If you can't prove it, you can't take it," she said. Paperwork that allows you to prove your expenses should be kept on file, though as a general rule you don't need to keep all paperwork forever, Dearing said.

Real estate and investment records and contracts should never be thrown out, but receipts, bank statements and canceled checks should usually be kept for about three years, he said.

The IRS may audit you for up to three years after you file a return, Rothbacher said. However, if you are audited and found to have filed a fraudulent return, that statute of limitations disappears, she said.

Rothbacher stressed that the IRS is willing to help taxpayers in whatever way they can, though there are limitations, as in "Dear IRS, ... My husband and my income tax forms have been misplaced. Please send me replacements."

"Some things even the IRS can't do."

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NEWS

Journal Colossal Classified contest winners announced

The grand-prize winner in the Suburban Journals Colossal Classified contest is Lea Anne Sieber. She receives a Walt Disney World vacation for four.

There were 25 first-place prize winners who will collect 25 sets of four tickets to "Walt Disney's World on Ice — Toy Story," to be performed at the Kiel Center. The winners are: Gina Harris, Margaret Weiss, Susan C. Mayor, Cheryl Acord, Kathy Clifton, Marilyn Ferguson, Gloria Tillman, Rhonda Niles, Laurence Cohen, Alan Naegeli, Lorraine Pizzella, Dan Delanty, Donna Wyas, Wayne Reeves, Jerry Wingermuehle, Chris Ferrell, Robert Judd, Ron Luczak, Tina Balank, Conrad Proff and James Wortham.

Second-place winners receive a "Toy Story" video from Blockbuster Videos. They are: Chris Meyer, Jeanne M. Schulte, Helen Raffel, Barbara Surrisi, Carolyn Manno, Pam Justice, Donna

Volk, Rosemarie Goldbeck, Debra Stevenson, Gene Smith Jr., Evelyn Lewis, Denis Nelson, Anita J. Gleason, Sandy Wagner, Pat Cheathan, Cindy Huskatep, Ruth McGeorge, Steve Murphy, Brenda Stiner, Janet Blankenship, Sally Rafferty, Chris Fauler, Teresa Roberto, Pam Coleman, Kathleen Brown, Donna Bohn, John Wang, Eloise Leonard, Ms. Neal Perlmutter, Judy Hobbs, Jeanne Krause, Linda E. Marco, Maria Lammers, Paul Mercurio, Marge Wasyluka, Cheryl Suesse, Kay Miller, Janet Bortfeld, Greg Gorden, L.A. Payne, Robert Hanneken, Rebecca Orzel, Susan Kozeny, Myra McCollough, G. Abrams and Troy A. Owens.

One hundred readers will collect the third-place prize in the Colossal Classified contest, a 20-minute Suburban Journal long distance phone card. They are: Dorothy Gallus, Charles M. Potgen, Lynn Davis, Cathi Brunner, Genevieve A. Bordeaux, Lydia A. Reiter, Angie Bar, Lorrie Scullin, Angela Altmann,

Irma J. Jamison, Michael Ringhausen, Marie Covinsky, Rosemary Blanner, Alan Friedman, Bob Pankraty, Kathy Brethold, Boyd M. Cox, Kathryn Lata, Mary Gaglians, James Lowe, Joanne Mosser, Rose Perkins, Mitch Hardin, Michele Ogilvie, Betty Hoffman, John Ubaudi, Mary Hall, Janet Spiess, Kevin and Becky Unger, Sandy Michaels, Michael R. Voepel, Tammy Morgan, Noreen Bayer, Shirley A. Lisitano, Pam Dielmann, Christy Wall, Kim Wilson, Sheila Frey, Mrs. L.J. Cohen, Annela Rainey, Patricia V. Geline, Mike and Cathy Duffie, Janice Young.

Sherri Leech, Laura Saito, Jeannine L. Williams, Christy Swafford, Michelle Haffer, Pat Burton, Naomi Lorene Runtz, Carol Foersterling, Yuriko Erlinger, Donna Grote, E.J. Morrow, Diana Treadway, Jeff Turner, Clinton Dace, Michelle Judd, Jean Stroud, Michelle Broadhurst, David Schmidt, Karen Albrecht, Nadine Ricketts, Julie Czech, Karla Kurtz, Mary Joy, Karen Valdes, Dorothy Hutchinson-Gross, Kathleen Hoffman, Penny Heying, Aldo P. Farina, Alela Wich, Fred Trebing, Deborah Decker, Marilyn Phillips, Anne Vasiloff, Sue Graf, Valerie Stine, Dot Andrews, Dolores M. Schaible, Judy Nickolson, Peg Jackson, Deborah Summers, Karen Culver, Rene Brantley, Linda Bernstein, Linda Kornfeld, Charellen Nickols, Mary Iannicola, Michael Tull, Patty Koelling, Hazel Bixby, Ginger Wabfield, Maureen Butler, Rhonda Husak, Steven Dickinson, Joseph Poett, Joan C. Zaiz, Marilyn DeMoss and Larry Mayor.

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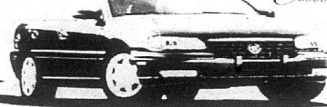
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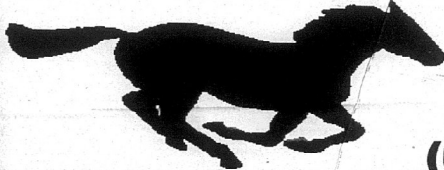


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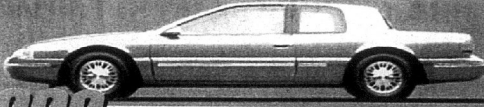
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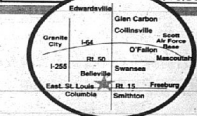


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Sports

February 12, 1997—Granite City Journal—Page 1B

Journal names Team of the Week
Page 2B

Girls polls, standings
Page 2B

Patrick Heston

Prep girls gearing up for sectionals

Three area teams compete in the Belleville East girls basketball sectional complex beginning Monday, Feb. 17.

East St. Louis Lincoln, the fourth seed, opens against eleventh seed Alton on Monday at 7:30 p.m.

East St. Louis Senior, seeded 14th, faces third seed Jerseyville at 7:30 p.m. on Feb. 18.

Granite City, the fifteenth seed, takes on second seed Belleville East, also at 7:30 p.m. on Feb. 18.

Other seeds are Taylorville (1), Edwardsville (5), O'Fallon (6), Belleville West (7), Bethalto to Civic Memorial (8), Collinsville (9), Chatham Glenwood (10), Jacksonville (11), and Cahokia (12).

The sectional champion advances to the Salem super-sectional where they will be the winner of the Mt. Vernon sectional for a trip to the state finals at Redbird Arena on the campus of Illinois State University.

The Belleville East sectional complex is one of the most competitive in the state this year and should feature good games in every round.

Best bet: top-seeded Taylorville. The Lady Tornados are 28-0, ranked third in state polls, and coming off recent wins against state powers Teutopolis (53-51) and Chicago Marshall (71-50). Allison Curtin (22 ppg) leads a solid line-up of three juniors, one sophomore and a senior. Ousted by Jerseyville in last year's sectional, the girls of Carol Wilson seem almost unbeatable this time around.

Most overrated: Jerseyville. The Lady Panthers are good, make no mistake about it, and could conceivably win it all if they are on their game. They haven't lost since being upset twice at the Mascoutah Tournament. But they could be in trouble, even in the weaker lower bracket, due to their lack of overall height. Defense and quickness have carried them all season, but they need size they don't have to challenge for the sectional title.

Unknown Factor: O'Fallon. The Lady Panthers are probably the sectional's most inconsistent team. Their roller-coaster year has produced some big wins but losses they should never have sustained. The definite tournament darkhorse if they are on, they could crash everybody's party. If not, they'll never make the sectional semifinals.

Best chance of an upset: O'Fallon or Bethalto Civic Memorial. The Lady Eagles open with Collinsville, then must face top-seeded Taylorville, which drew a first round (See PAT, Page 3B)

Area wrestling war escalates after regional

By Patrick C. Heston
Staff writer

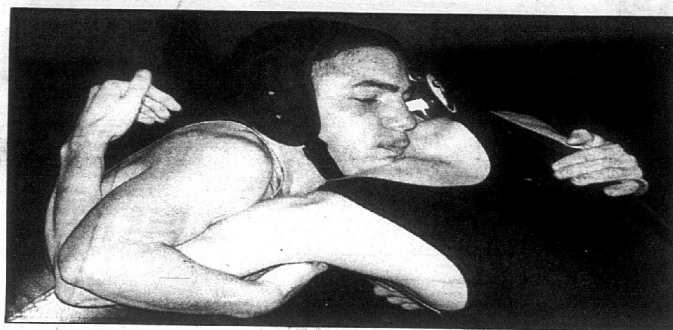
Get ready for Granite City vs. Civic Memorial, the sequel. Twelve Eagles and 13 Warriors moved on to the Class AA sectional Feb. 14-15 at Granite City.

GCIS edged Bethalto 235 1/2 to 222 to capture team honors at the Cahokia Regional. The two squads squared off in a dual meet at Granite City — with the regional team title at stake — on Tuesday at 8:30 p.m.

Despite the Warriors' narrow team victory on Saturday, the Eagles made a definite statement of their own. Had the weekend's competition been a dual meet, with each squad given six points for the two weight classes in which they did not wrestle, Civic Memorial would have won 34-28.

"We feel kind of positive," said Eagles coach Steve Bradley.

Of Civic Memorial's dozen wrestler's to advance, eleven reached the title match and seven were champions. Jeremy Christensen (171 pounds), who won his fourth consecutive regional title and



Gary Moore of Cahokia battles Granite City's John Kelly during the Cahokia regionals. Moore went on to win second place in the 125-pound weight class.

the 149th match of his career, moved to 37-0. Travis Zimmerman (160) improved to

33-3, as did like Sullivan in the 135-pound class. Other Eagles to win titles were 35-1 Steve

Bryant (103), 35-2 Jake Sullivan (140), 25-0 J.C. Cox (125), and 26-14 Tim Walker

(152).

In head-to-head competition in title matches with Granite City, CM won six of ten.

Bradley expected Tuesday's fight for the regional team title to be "a heck of a dual meet." GCIS coach Mike Garland may have too, but he didn't say it. "We're just going in to wrestle as in any other meet," he said. "We'll see what happens when we get there. There's no pressure on us. He's (Bradley) the one with all the pressure on him. He's got eight or nine state qualifiers. He's got the higher-ranked squad. Sure, if Saturday had been a dual meet, he'd have beaten us. But, it wasn't a dual meet. And the bottom line is, he has never beaten us in a dual meet. We're not making any changes, but he must adjust his line up if he's going to beat us."

The Warriors' Ryan Worthen (135 pounds) took third Saturday, while Gary Oxford (103), John Kelly (125), David Thompson (152), Ike Newman (160), and George Kirgan (171) all placed second. Brooks Narvaez (140), back on the mat after a considerable absence to rest his injured (See WAR, Page 3B)

Madison defense goes south in loss to Redbirds

By Patrick C. Heston
Staff writer

It was one of those games where a break here and there could have changed the outcome. In the end, the breaks went to Alton, and so did the game. The Redbirds slipped past visiting Madison 75-70 Saturday night at West Middle School.

Alton (17-6) built a 12-point lead midway through the fourth quarter, and then had to fight for their lives as the Trojans (16-6) came storming back. Madison closed to within three late in the game, but could not close.

"We gave them a good game," said Madison mentor Al Collins. "I don't really feel that bad

about our performance. We met one of the best teams in the area in their back yard, where it is very difficult to win and could have won with a break or two."

Alton coach Ron Smith had nothing but praise for the Trojans, admitting they were "as good as most teams in our conference."

But on this night, they were not good enough to offset a Redbirds offense that combined all five starters scoring in double digits. Marlon Crawford collected 19 points, Mark Miller and Jared Ramsey both scored 17, and Rory Fox and Rodney Mark put in 14 each.

For the Trojans, Maurice Baker, who scored 23 points against Venice on Friday, can be (See MADISON, Page 3B)

PBA to strike again in Fairview Heights

After four years, the Professional Bowlers Association is returning to St. Clair Bowl in Fairview Heights.

The PBA will conclude its 1997 spring tour with the St. Clair Classic, Monday through Saturday, June 16-21. The championship round will be televised live by ABC-TV, which has aired the "Pro Bowlers Tour" series for 36 consecutive years. The St. Clair Classic is the last of 14 events ABC will carry in 1997.

The PBA last visited St. Clair Bowl in 1993 when Rich Aboud teamed with Teata Semiz to win the Touring Pro/Senior Doubles Championship. St. Clair actually hosted a pair of touring pro/senior doubles tournaments (Justin Hromek and Dick Weber won in 1992), but the event did not survive into the 1994 season and was just added back to the PBA schedule in 1996 (East Providence, R.I.).

While the senior tour will not be competing alongside the national tour in this year's St. Clair Classic, local bowling fans will get to see 120 of the world's greatest bowlers. In

addition, the event will receive national network TV coverage as opposed to the cable (ESPN) telecast that accompanied the 1993 Touring Pro/Senior Doubles event.

Bill Matijala, tournament chairman for St. Clair Bowl, is looking forward to bringing the pros back.

"I think fans in this area have missed the tour since those two events in 1992 and 1993," Matijala said. "We were given a chance to bring the pros, and what better way to end the PBA's spring tour than with a network telecast from our center?"

Matijala and his staff are already busy putting together tournament details, which include pro-am events scheduled for Tuesday, June 17 (additional squads may be added Sunday, June 15 and Monday evening, June 16).

The pro-am is the best opportunity for fans to meet and bowl with the pros while competing for cash and prizes.

Among the pros expected to compete are (See BOWL, Page 3B)



Staci Dowdy
GCIS graduate

Dowdy adds Juco Player of Year to accolades

By Dave Whaley
Staff writer

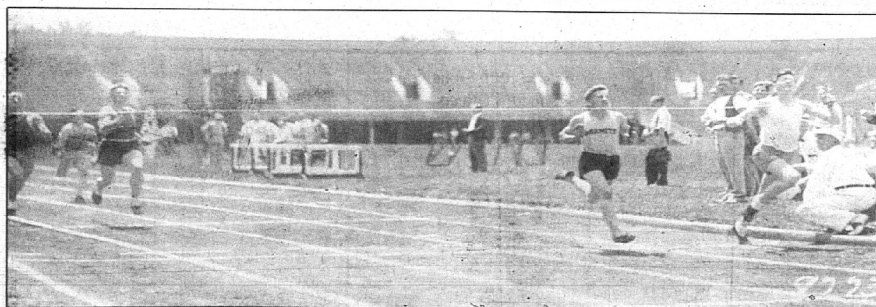
Staci Dowdy's soccer career can be traced with a fairly consistent upward curve. The latest honor might just be another one on the trip to the top.

Dowdy, a midfielder for the Lewis and Clark Community College women's soccer team, was named Junior College Player of the Year recently. That honor is handed out by Umbro and the National Soccer Coaches Association of America. Dowdy received the award at the NSCAA's annual convention Jan. 18 in Nashville, Tenn.

"It really hasn't hit me yet," Dowdy said. "I can't believe I've won this wonderful award."

A quick look at her stats might help Dowdy realize why she

(See DOWDY, Page 3B)



Steve Gallauer anchored the 880 relay team in 1934 at the state meet finals.

Warrior Legend Football accident ended Gallauer's run to greatness

By Patrick C. Heston
Staff writer

Quarter miler Steve Gallauer may have been the greatest individual track and field performer in the history of Granite City High School. And the Warrior teams he led his junior and senior seasons (1934-35) may have been the best the school has ever seen.

The GCIS track team was the relay and overall conference champions two years running. And the Warriors might have won the districts both years had Gallauer been per-

mitted to run in two of his better races.

District rules of the day did not allow a middle distance runner to also compete in sprints. If Gallauer were to have run the 100 or the 220 — and he had already run them in times faster than those eventually winning the district — he could not have competed in his specialty, the 440. Had Gallauer run all the races (See LEGEND, Page 4B)

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SPORTS

Journal Writers' Poll
Girls Basketball

LARGE SCHOOLS	
1. Gateway Tech (18-0).....	70
2. Belleville East (22-3).....	63
3. Pattonville (16-3).....	48
4. Troy (18-3).....	43
5. St. Joseph's (14-6).....	37
6. Francis Howell N. (19-4).....	36
7. Nerinx Hall (14-6).....	33
8. Edwardsville (15-7).....	24
9. Parkway South (16-5).....	23
10. Lincoln (15-5).....	5
Also receiving votes: Ladue (13-6), Lindbergh (11-5).	

SMALL SCHOOLS	
1. Rosary (18-1).....	70
2. Incarnate Word (17-4).....	62
3. Eureka (16-2).....	57
4. John Burroughs (13-3).....	47
5. Wellston (15-2).....	44
6. Windsor (17-3).....	34
7. Ursuline (14-5).....	30
8. Principia (13-4).....	21
9. Villa DuChene (12-4).....	10
10. Villa DuChene (12-8).....	6
Also receiving votes: St. Dominic (13-8), Lutheran South (12-8), DuChene (10-10).	

Journal Writers' Poll
Boys Basketball

LARGE SCHOOLS	
1. DeSoto (22-1).....	70
2. Belleville East (23-3).....	61
3. CBC (16-4).....	56
4. Vashon (16-2).....	48
5. Parkway Central (19-4).....	34
6. Hazelwood East (17-3).....	32
7. Lafayette (18-4).....	30
8. DeSoto (19-3).....	19
9. Edwardsville (17-2).....	17
10. Riverview Gardens (12-7).....	6
Also receiving votes: Pattonville (14-5), Lindbergh (18-3), Mascoutah (16-4), Francis Howell (17-7), Univer- sity City (12-7) and Troy (17-4)	

SMALL SCHOOLS	
1. Madison (16-6).....	69
2. South County Tech (15-0).....	63
3. John Burroughs (15-3).....	56
4. Freeburg (15-6).....	43
5. Venice (13-7).....	41
6. Columbia (15-5).....	30
7. Festus (16-4).....	27
8. Rosary (13-6).....	22
9. Metro East Lutheran (15-3).....	10
10. Crystal City (10-7).....	7
Also receiving votes: MICDS (13-7), Lutheran South (11-8), Doubou (16-4), St. Charles (10-11), Wellston (10-5) and Westminster (14-4).	

Journal Writers' Poll
Wrestling

WRESTLING	
Team (Last week's rank).....	Votes
1. St. Charles West (1).....	69
2. Granite City (3).....	57
3. Francis Howell (6).....	56
4. Fox (4).....	53
5. Oakville (2).....	46
6. McClellan (8).....	27
7. Parkway South (7).....	26
8. Edwardsville (6).....	19
9. Lindbergh (10).....	13
10. Belleville West (1).....	10
Also receiving votes: Hazelwood Central, Collinsville, Francis Howell North, Ritecure, Fort Snodgrass North, CBC, Vianney, St. Joseph.	

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Prep basketball

METRO GIRLS

Archdiocesan	
Team	Conf
Rosary	6-0
Rosary/Kain	6-1
Dakota	4-3
Aquinas-Mercy	3-4
Kennedy	1-5
Carroll Ritter	0-12
Cahokia	
Team	Conf
Carroll	6-0
Bresso C.	7-1
Westlin	6-2
Red Bud	4-3
Frederick	4-5
Waterloo	2-5
Lebanon	2-7
Dupo	0-8

Four Rivers	
Team	Conf
St. James	6-0
Washington	5-1
Irreman	3-1
Union	3-1
Chillicothe	2-3
Pacific	2-4
St. Clair	2-5
Sullivan	4-10
New Haven	0-6

Gateway	
Team	Conf
Howell North	6-1
Troy	4-2
Howell	4-2
Westville	3-3
St. Charles West	3-3
DuChene	2-3
St. Charles North	1-3
St. Charles South	1-4
St. Charles	0-4

Great Overland Trails	
Team	Conf
Luther St. Charles	4-0
Slice	12-6
Orchard Farm	2-1
Lutheran	3-1
Whitfield	4-1
Westminster	2-4
Hancock	3-1
Valley Park	0-5

Independents	
Team	Conf
Oakville	2-0
Lincoln	14-9
St. Dominic	13-6
King	10-10
Albion	10-12
Madison	8-11
St. Joseph	3-7
Bunker Hill	3-18
Wright City	0-14

MWAA Blue	
Team	Conf
Ursuline	3-0
Notre Dame	2-2
St. Elizabeth's	1-0
Whitfield	2-2
St. John's	2-4

MWAA Red	
Team	Conf
John Burroughs	6-1
Lutheran	13-3
Lutheran North	3-0
Lincoln	2-3
MICDS	1-5

MWAA White

Incarnate Word	
Team	Conf
St. Joseph's	3-0
Cor Jesu	3-1
Neirine Hall	2-2
Villa DuChene	1-3
Visitation	0-2

Public High League	
Team	Conf
Gateway	6-0
Soldan	5-2
Naval Jr. ROTC	4-2
Vashon	3-2
Summer	2-2
Roosevelt	2-3
Beaumont	2-4
Metro	2-5
Central VPA	0-7

South Seven	
Team	Conf
St. Vernon	4-0
O'Fallon	6-1
Centralia	3-1
Cahokia	1-4
Cardinal	1-6
Marion	0-3

Southwestern	
Team	Conf
Belleville E.	12-1
Lincoln	9-3
Edwardsville	9-4
Belleville W.	8-6
Collinsville	6-7
St. Louis	3-9
Granite City	0-12

Suburban East	
Team	Conf
Ladue	5-0
Wellston	5-1
Alton	4-2
Berkeley	4-2
Clayton	3-2
Bayview	2-3
Maplewood	1-4
Brentwood	0-7

Suburban North	
Team	Conf
Belleville	4-1
McCluer	4-1
McCluer North	4-1
Hazelwood East	1-2
Hazelwood Central	2-2
Hazelwood West	2-2
Riverview Gardens	2-3
Hazelwood West	0-5
Riverview	0-6

Suburban South	
Team	Conf
Webster Groves	4-0
Parkway South	4-1
Alton	1-2
Eureka	3-1
Northwest	3-12
Rockwood Summit	1-4
Parkway North	0-5
University City	0-5

Suburban West	
Team	Conf
Kirkwood	4-1
Lafayette	4-1
Parkway West	3-2
Lutheran South	3-2
Marquette	2-3
Parkway Central	0-4
Principia	0-4
Marquette	0-4

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The West Junior High eighth grade basketball team won the Belleville District 201 Feeder Tournament and finished the year 25-0. Pictured front row from left are Jermelle Mattox, Ramon Kelly, Shawn Donahue, Justin Wolford, Kyle Bendick and (back row) Rashawn Watson, Ross Eilers, Carl Heuer, coach Greg Knolhoff, Marcus Barriger and Mike Jones. Not pictured: Keontia Taylor, Tori Smith.

Sports shorts

Mitchell registration
The Mitchell Athletic Club is taking team registration for its summer recreational league (non-select) in baseball, softball and T-ball.
Boys and girls ages 4-19 are eligible. For more information, call Dave at 931-3690.

Park league sign-ups
The Granite City Park District is now taking registration for boys and girls wanting to play youth

baseball, tee-ball or ponytail softball this summer.

The sign-ups are for boys and girls who would like to play in the 1997 summer park leagues but are not currently on a park district team or have never played in the park district leagues.

Boys and girls who will be ages 6-16 may have their name placed on the list. Every effort will be made to place them on a team.
Boys and girls' tee-ball is for ages 6-7, youth baseball is for

ages 8-16 and ponytail softball is for ages 8-16.

New teams are formed from the compiled list. Names on the list are also used by managers of existing teams that need to fill their rosters.

Anyone interested in coaching or managing may visit the Wilson Park office or call recreation supervisor Ray Hoffman at 877-3069.

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1994 Olds Cutlass 4 dr., SL, Full Power, Low Miles.....\$11,995	1994 Geo Prizm 4 dr., Automatic, Tilt, Cruise.....\$8,995
1992 Dodge Grand Caravan SE, Full Power, Automatic.....\$8,995	1985 Ford F250 Pickup, Air Cond., Automatic, Sharp Truck.....\$4,895
1995 Plymouth Grand Voyager SE, Full Power, Automatic.....\$13,995	1996 Plymouth Breeze 4 dr., Tilt, Cruise, Automatic, Only 11,000 Miles, Bal. of Factory Warranty.....\$12,995
1995 Ply. Neon High Line, Tilt, Cruise, Bal. of Factory Warranty.....\$8,495	1990 Ford Ranger Pickup Truck, Clean Truck.....\$3,995
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•Madison - •Dowdy

(Continued from Page 18)

to pour in 25 against Alton. Demond Simms, who has been off his game since the Nashville tournament, got back on track with a 14-point outing. Tywanley Fatin, who was held to one of ten shooting by Venice, contributed 12 points. And Kevin Bradley continued his steady play adding 8 points to the Madison attack.

"It was good to have Simms back on his game," Collins said. "And I can't say enough about Baker. He raised his game a level this weekend. The only complaint I have with him is that I wish he would pull up and shoot a short jumper instead of slashing all the way to the basket each time he penetrates."

Madison staked slowly allowing Alton to build an 18-12 first-quarter cushion. But the Trojans dug in their heels and gained a basket advantage in the second quarter to pull within 32-28 at the half.

The Redbirds increased their way to a 52-44 lead after three quarters and increased it to 12 in the final frame before Madison rallied.

Collins didn't hesitate to lay blame where blame was due. "Our defense let down," he said flatly. "A team shouldn't score that many points against us. We were lackadaisical on defense. We made a run down the stretch, but whenever we got close, our defense would give up an easy shot at the other end."

"We have to shore up our defense a bit and make a couple of minor adjustments, but we'll be ready for our last three games, and we'll be ready for the regionals."

Madison hosted Lovejoy on Tuesday. They meet Patoka at 5 p.m. on Feb. 13 in the Greenville shootout and finish the regular season Feb. 21 on the road against Teutopolis.

•Pat

(Continued from Page 18)

Mye. But Lady Tornados coach Carol Wilson is wary of CM. "Their style of play bothers me," she said. "They could give us some problems. So could O'Fallon. You don't know about them from game to game."

Of the three teams, Lincoln has the best chance of advancing. But if they make the semifinals, they will do so traveling, perhaps the most difficult road in the sectional. They would have to knock off the likes of Edwardsville, Taylorville and Jerseyville in successive games.

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(Continued from Page 1A)

deserved the award. The 1995 Granite City High School graduate had 28 goals and 20 assists finished 13-5 and were ranked 10th in the National Junior College Athletic Association coaches poll. Those 76 points placed Dowdy second in the nation.

Dowdy was a first-team NSCAA/Umbro All-America midfielder and also made the NSCAA/Umbro South Central Regional team. She was named the No. 1 player in Region 24 each of her two years at LCCC. Although proficient in all areas of soccer, Dowdy's scoring is the most tangible evidence of her skill.

"Staci has a very hard and accurate shot, and is just as deadly outside as well as inside the box," LCCC coach Tim Rooney said.

There isn't much doubt as to how Rooney feels about his star player.

"She's the best player — man or woman — that I've coached."

•Bowl

(Continued from Page 18)

21-time titlist and local favorite Pete Weber, PBA Hall of Famer such as Walter Ray Williams Jr., Mike Aubrey, Brian Voss, Amleto Monacelli, David Ozio and Wayne Webb will give up an easy shot at the other end.

Kevin Venne (189) and heavy-weight Nick Campbell. Glover

had to come from behind to edge Civic Memorial's Ryan Voyles 8-7.

"We accomplished our mission," said Garland. "We won, and we got all our kids through. That is something no one else did."

To beat Civic Memorial for the team regional title, Gar-

land said, "We must stay off our backs. (CM) pinned us three times. We pinned them once. We will win if we stay off our backs."

East St. Louis Lincoln was fifth in team competition on Saturday but still advanced Antice Bryant (105) and Travon Ford (189).

Wednesday through Friday, Jan. 18-20. The event concludes Saturday, June 21, with the televised championship round on ABC.

For ticket and pro-am information for the St. Clair Classic, call St. Clair Bowl at 632-2400.

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needed."

Baker realized quickly that Dowdy had all the components to take on each role.

"Staci has stamina, a strong right foot and flat-out has a nose for the goal," he said. "She doesn't feel uncomfortable or pressured knowing she's shouldering scoring responsibilities."

LCCC turned out to be the perfect fit for Dowdy as her skills continued to grow. She scored 14 goals and 12 assists for 40 points as a freshman in the fall of 1995, earning second-team NSCAA and second-team NSCAA All-America honors.

Last season, Dowdy scored in 11 of the 17 games in which she played and had six multiple-goal games.

Dowdy is the first LCCC athlete to be named a national player of the year in any of the 10 sports in which the Trailblazers compete.

To be considered for Player of the Year honors, an athlete has to be selected an All-American two consecutive years. More than 120 Division I junior college players are competing for the honor.

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"We accomplished our mission," said Garland. "We won, and we got all our kids through. That is something no one else did."

To beat Civic Memorial for the team regional title, Gar-

land said, "We must stay off our backs. (CM) pinned us three times. We pinned them once. We will win if we stay off our backs."

East St. Louis Lincoln was fifth in team competition on Saturday but still advanced Antice Bryant (105) and Travon Ford (189).

Wednesday through Friday, Jan. 18-20. The event concludes Saturday, June 21, with the televised championship round on ABC.

For ticket and pro-am information for the St. Clair Classic, call St. Clair Bowl at 632-2400.

Staci has a very hard and accurate shot, and is just as deadly outside as well as inside the box."

There isn't much doubt as to how Rooney feels about his star player.

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SPORTS

•Legend

(Continued from Page 1B)

THE STEVE GALLAUER FILE

Records set by Steve Gallauer during his high school career at GCHS from 1932-33, with times in parentheses: 440-yard dash, district (50.8 seconds) 440 dash, conference (50.8) 440 dash, GCHS (50.6) 440 dash, Edwardsville Quadrangular Meet (50.7) 440 dash, Maplewood (Mo.) Relay (50.7) 440 dash, Missouri Ozark AAU (50.4) 880 run, conference (2:06.4) 880 run, GCHS (2:05) 880 run, Edwardsville Quadrangular Meet (2:06) 220 dash, conference (22.7) 220 dash, GCHS (22.7)

Team Records

440 relay (George Eubanks, Barkley, Maurice Murphy, Gallauer), conference (45.2 seconds) 440 relay, GCHS (45.2) 880 relay (Eubanks, Murphy, Claude Beeler, Gallauer, district (1:33.0) 880 relay, conference (1:33.3) Mile relay (Bill Sessler, Floyd Taylor, Marcel Tarris, Gallauer), conference (3:41) Mile relay, GCHS (3:41) Sprint medley relay (Clyde Nelson, McCormick, Joe Keenan, Gallauer), conference (3:35.9) Sprint medley relay, GCHS (3:35.9)

as, as he normally did each meet, GCHS would almost certainly have been district champions in both 1934 and 1935. As it was, the Warriors were narrowly defeated by Edwardsville both years.

Ironically, Gallauer was always slow starter. But once he was

50 yards into the race, he was scorching the track. When he took the lead, he never relinquished it. Literally. No one ever passed him when he was in the lead during his entire high school career.

But Gallauer did pass others. During his junior campaign, a St. Louis Post-Dispatch headline screamed, "Granite City star overcomes 25-yard handicap to give his team victory in track meet."

Gallauer anchored the 880 relay team that day at the Quadrangular High School Track and Field Carnival at Edwardsville. He brought the spectators to their feet when he received the baton from Claude Beeler (the 1935 state long jump champion) a full 25 yards behind Flegenbaum of Edwardsville.

In a blistering 20 leg, estimated at between 20.7 and 21.3 seconds (the current national high school record is 20 seconds flat), Gallauer passed Flegenbaum and reached the tape with five yards to spare.

George Eubanks, a GCHS sprinter and teammate of Gallauer's, said, "We never thought Steve would catch him, but he just put his head down and tore out after him. He was also clocked at 21.9 seconds when he overcame a 10-yard advantage and won by more than five yards."

At one point in the championship race, Gallauer was boxed in

by the other runners. Coming into the last turn in the race, he let the pack run from underneath him, broke stride, moved to the outside, sprinted past the entire field, and tucked back inside to win by five yards. It is remarkable that under such circumstances he still won the state championship in a time of 50.6 seconds.

As a junior and senior, Gallauer regularly ran the 100, the 220 and the 440 and anchored the 880 relay. He was undefeated in every conference meet. As a senior he set the 440-yard record at the prestigious Maplewood (Mo.) Relay and also the 400-meter record at the Missouri Ozark AAU meet.

At the year-ending conference meet his senior year, Gallauer won the 100, set new records in the 220 and 440 and anchored the team that established a new 880 relay record.

Coming out of the districts in 1935, where he had run the fastest 440 in the state all year, 50.6 seconds, Gallauer was primed for another run at the state title. Ironically, for reasons unknown to this day, he was placed in the slow heat of the state meet. That placement cost him another state championship in the quarter mile.

Granite City coach Byron Bozarth was justly concerned that Gallauer was in the slow heat. He knew, as did anyone who had ever seen Gallauer run, that he never had and he never would run against the stopwatch. He ran simply hard enough to win and would not run any harder unless

he was pressed by competitors. Gallauer breezed to a decisive first place finish in the heat, actually coasting to the finish line in 50.7 seconds. As it turned out, the time wasn't fast enough. Orville Wagner of Elmhurst, Ill., whom Gallauer had beaten handsomely at state a year earlier in head-to-head competition, won the fast heat in a time of 50 seconds flat, ending Gallauer's dreams of successive state titles.

Frank Seeliger, a friend of Gallauer, said that if Wagner had been in the same heat with the GCHS star, "Steve would have run away from him." But Wagner was in a different heat. And if Steve Gallauer did have a weakness, it was one he shared with the vast majority of runners. He never ran as well against the watch as against opponents. In fact, according to John Gallauer, Steve's brother, time didn't matter to the speedster. "As long as he won the race, he was happy," he said.

Bozarth once said of Gallauer, "Steve never ran as fast as he could, probably because he was afraid of leaving the ground." Though such a statement was made to elicit a smile, it reveals a sobering fact. Paul Burrus, who ran against Gallauer as a member of the Edwardsville track team, once remarked, "I never saw Steve run all out. He ran just hard enough to win." That, in the end, was his Achilles' heel. Gallauer would maintain his stride, letting two or three runners move to the front, until

about 150 yards or less from the finish. Then he would shift to a 220-yard pace and smoke the field, often winning by 20 to 25 yards.

There were occasions when Gallauer would actually all but stop running and simply trot until the closest competitor caught up with him. Then he would sprint to the finish line, showing no signs of exertion but wearing his relaxed and familiar smile, leaving his opponents beaten and bewildered.

Bozarth boasted as early as Gallauer's junior campaign that his star runner would be a member of the 1936 U.S. Olympic team and might even win the 400 meters in Berlin. Bozarth felt, as did many others, that if Gallauer ever ran the quarter mile all out, he could cover the distance in 47 seconds flat, which was world record time for the era. And, with a professional coach to train him, Gallauer might shatter the existing world record.

But the Olympic dream ended on a football field. Gallauer peddled Bozarth, who also coached basketball and football, to let him play football his senior year. Bozarth had refused to allow his star runner to play any other sport his first three years. But this year, with Gallauer's senior season in track already finished, Bozarth relented.

In Gallauer's first and only football game, for the Mount Vernon Rams nailed him on a failed end-around. Steve heard his leg pop. The ligaments

were torn. His running career was over. As a result of the injury, Gallauer wore a knee brace most of his adult life.

Some of Gallauer's high school rivals participated in the 1936 Olympics, including Bob Packwood of Rockford, who failed to place in the 200 meters, and the great Ralph Metcalfe of Chicago (Ill.), who won a silver medal in the 100-meter dash and was a member of the gold-medal winning U.S. 400-meter relay team.

Where Gallauer would have struck gold like Metcalfe, or like Packwood been an also-ran, is impossible to discern. But, those who saw him run say that he would have been pressed in the 440 and, as a result, might have not only won but set new Olympic and world records.

Why did he never run as fast as he could? And what would he have accomplished, what records might still bear his name, had he run holding nothing back? "Steve was a pure athlete," said his brother, John. "He didn't care about personal awards or recognition. He really didn't care."

Steve Gallauer ran for the love of running. And, having run, he was content. And, like all great athletes who stand out from the field, his running made us love the running too.

What Steve Gallauer may have missed by never running in the Olympics pales by comparison to what we would have missed had he never run at all.

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P205/75R14	45	51	59	65
P205/70R14	—	55	63	71
P215/75R14	—	55	61	68
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NEWS

Calendar of events

WEDNESDAY, FEB. 12

HOLY FAMILY LENTEN FISH FRY, 2006
Washington, 4-7 p.m. in the Community Center cafeteria. Plates and sandwiches served. Carry-outs available.

AMERICAN ASSOCIATION OF RETIRED PERSONS CHAPTER 1340, Valentine
dinner at Granite City Township Hall. Doors open at 5 p.m. Refreshments served from 6-7 p.m. Music for dancing provided by Jerry's Kids. All seniors 50 and over are welcome. \$2 donation at the door. For information call 876-8328.

DISABLED AMERICAN VETERANS CHAPTER 53 will offer a service officer from 1 to 3 p.m. at the Tri-City Veterans Home, located at 1417 19th St., in Granite City. Call 876-7818 for more information.

PONTON BEACH SENIOR CITIZENS BINGO, 11:30 a.m., 3910 Illinois 111, Ponton Beach.

PULMONARY SUPPORT GROUP, for persons with diagnosed lung condition, 11 a.m. to noon in 4-Doctors Solarium, St. Elizabeth Medical Center, 798-3018.

STROKE SUPPORT GROUP, for patients, their families and caregivers, 6:30 p.m. in Pausal Hall, St. Elizabeth Medical Center. Refreshments are served. Call 798-3018 for more information.

AL-ANON, 7:15 p.m., Gateway Foundation, 600 W. Lincoln Ave., Caseyville. Call 463-2429 for more information.

ALCOHOLICS ANONYMOUS, 11 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS, 8 p.m., St. Elizabeth School's Noah's Ark Day Care, Ponton Road, Granite City. The meetings are closed except for the last Wednesday of the month.

DIVORCED AND SEPARATED GROUP MINISTRY, 7-8:30 p.m., Eden United Church of Christ, 903 Second Street, Edwardsville, 655-2958.

PARENTS ANONYMOUS GROUP, meets 8 to 9 p.m. For information on where meeting will be held, call Elaine Landolt, 462-2714.

MADISON COMMUNITY ACTION GROUP, meets at 7 p.m. For more information call Dan at 462-2336 or Diane at 876-1360.

NEW BEGINNINGS SHOWTUNE CHORUS, a women's acappella chorus will hold its first rehearsal at 7 p.m. at the VFW Hall on Rt. 159 in Fairview Heights. All singing experiences are invited. Voice lessons available. For more information call toll-free voice mail 860-3763 or mail P.O. Box 4422, Fairview Heights, IL 62209.

THURSDAY, FEB. 13

EDWARDSVILLE KENNEL CLUB, 7:30 p.m., Hayes Mallory Community Building, 216 Crane St., Edwardsville, open to public.

MADISON COUNTY GENEALOGICAL SOCIETY, meets 7 p.m. at Immanuel

United Church, 800 N. Main, Edwardsville.

MULTIPLE SCLEROSIS SELF-HELP GROUP, meets from 7 to 9 p.m. in Pausal Hall at St. Elizabeth Medical Center, 2100 Madison Ave. in Granite City. Call 797-2750 or 461-0758 for more information.

NAVY MOTHERS CLUBS OF AMERICA, meet at 7:30 p.m. at the Veterans of Foreign Wars Post in Granite City. Mothers, fathers, daughters, wives or sisters of former and present Navy, Marines, Coast Guard or Sea Bees are encouraged to join. For further information, call 931-2292 or 876-2209.

ATTENTION MEDICARE BENEFICIARIES—Come and hear how Advantage can give you complete healthcare coverage. You are invited to hear a presentation at 10 a.m. at the Ponton Beach Senior Center, 3910 Highway 111, Ponton Beach.

Bemis Chiropractic, 3381 Fehling Road in Granite City, is offering FREE ELECTRONIC SPINAL SCREENINGS from 9 a.m. to noon. Call 876-2273 for more information.

CHOUTEAU TOWNSHIP SENIOR CITIZENS, 9 a.m. to 2 p.m., Social Center, 908 Thorngate Drive, Mitchell.

EAGLE PARK ACRES SENIORS OF MADISON meet from 10 a.m. to noon at 100 Hill St. (rear), Eagle Park Acres, Madison.

ALCOHOLICS ANONYMOUS, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS, 8 p.m., Presbyterian Church, Mitchell, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS, 11 a.m., 2116 Club, 2116 Edison Ave., Granite City, 1 (800) 307-6600.

TAKE OFF POUNDS SENSIBLY Chapter 2363, 6-8:45 p.m. at Anchorage Recreation Center, 2909 Edwards St. For information, 797-6351 or 877-2784.

ALANON, 8 p.m., Wellness Center, 2103 Iowa, 463-2429.

NARCOTICS ANONYMOUS, Seeking recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

GRANITE CITY COMMUNITY BAND REHEARSALS, 7:30 to 9 p.m., St. John United Church of Christ, 2001 N. Macdonald Road, Granite City, 931-0443.

FRIDAY, FEB. 14

GRANITE CHAPTER 650 ORDER OF THE EASTERN STAR meets at 7:30 p.m. at the Masonic Temple, 20th Street and Cleveland Boulevard in Granite City.

SOUTHERN ILLINOIS DIVORCED AND SEPARATED CATHOLICS, 7:30 a.m., St. Boniface School, 128 N. Buchanan, Edwardsville.

DOWNTOWN NEIGHBORHOOD RESTORATION SOCIETY, Granite City, 876-7715, 8 p.m.

HEREDITARY ATAXIA (a disorder of nerve cells in the spinal cord and cerebellum) SUPPORT GROUP. Call

Curt Williams, 877-5172, for information.

AL-ANON meets at 8 p.m. in the Milonski Room in the basement at St. Elizabeth Medical Center. Call 463-2429 for more information.

ALCOHOLICS ANONYMOUS, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

FRIDAY AFTERNOON PINOCCHIE CLUB for seniors 55 and over meets at 12:30 p.m. at the Harold Brown Building, Franklin Avenue and Ponton Road. Call 877-0350 for more information.

STEMS (Support Together for Emotional and Mental Serenity and Sobriety), A support group for people with a mental illness and an alcohol or substance abuse problem, meets from 1:30 to 2:30 p.m. at Pausal Hall, St. Elizabeth Medical Center. Call 798-3604 for more information.

SATURDAY, FEB. 15

LENTEN POLISH PIEROGI SALE, Sacred Heart Polish National Catholic Church, 930 Reynolds, Madison, 9 a.m. to 12 noon. Meatless Lenten varieties available: cabbage, cheese, kielbasa, potato, plum pudding. Other meat varieties also available. Carry-outs only. \$6 per dozen. Cooked and ready to heat and eat. Also Chrusciki and rosettes. Order ahead by calling 876-5660, or 931-3367.

OBSESSIVE/COMPULSIVE DISORDER SUPPORT GROUP, meets at Von Gontard Conference Center at St. John's Mercy Medical Center, 615 South New Ballas Road, 10 a.m. Meeting is free and open to OCD patients, family and friends. For information call 1 (314) 843-3578.

ALCOHOLICS ANONYMOUS, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

ALANON ADULT CHILDREN, 10 a.m., Wellness Center, 2103 Iowa, Granite City, 463-2429.

NARCOTICS ANONYMOUS, Acceptance, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

RESCUE MISSION, 1536 Fourth St., Madison, food pantry is open from 8 a.m. to noon. Samuel Turner is the chairman, Valonda Turner is the secretary and Alfred Turner is the pastor.

ADOPT A PET DAY, at PetMart, 1570 W. Hwy 50, O'Fallon (across from St. Clair Square), sponsored by Madison County Humane Society, 12 noon-4 p.m. Dog/puppies, \$50. Cats/kittens, \$30. Purebred and dewclawed cats available. Call 656-4405 or 344-0106 for more information.

SUNDAY, FEB. 16

PONTON BEACH JAYCEES regular meeting is held at 7:30 p.m. at Pausal Hall and Charlie's Steak House. The meetings are open and the public is invited.

CRAFT SHOW AND FLEA MARKET, 10 a.m. to 4 p.m. at the Ponton Beach Senior Citizens building, 3910 Highway 111. (See CALENDAR, Page 68)

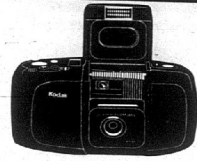
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NEWS

Calendar

(Continued from Page 6B)

way 111. For more information, call 756-2513.

ALCOHOLICS ANONYMOUS, 1:30 p.m. and 8 p.m., 2116 Edison, Granite City, 1 (800) 307-6600.

NARCOTICS ANONYMOUS, Live the Steps, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

ALCOHOLICS ANONYMOUS, 8 p.m., St. Elizabeth Medical Center, Pascal Hall, main floor, Granite City, 1 (800) 307-6600.

EAGLES AUXILIARY 1126 BINGO, 1 p.m., at the Nameoki Bingo Center. Also included will be a color raffle, 50/50 drawing free games and other raffles.

MONDAY, FEB. 17

DISABLED AMERICAN VETERANS CHAPTER 53, 1417 19th St., Granite City, 876-7315, 8 p.m.

ALCOHOLICS ANONYMOUS, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

ALANON, 9:30 a.m., 2116 Club, 2116 Edison, Granite City, 463-2429.

CHEMICAL DEPENDENCY RELAPSE

PREVENTION group meets from 6:30 to 8:30 p.m. at the Edwardsville Health Center, 1123 University Drive in Edwardsville. The group focuses on eliminating relapse-prone thinking, feeling and behavior patterns and helping group members grow in sobriety. For more information, call 798-3880.

FIRST PLACE, a Christ-centered nutrition program, meets from 6 to 7 p.m. at First Baptist Church, 2041 Delmar Ave. in Granite City.

NEGLECTED VICTIMS OF CHILD SEXUAL ABUSE, a support group for nonoffending parents of victims, meets from 6 to 7:30 p.m. at Southern Illinois University at Edwardsville's Rape and Sexual Abuse Care Center. Call 692-2197 for details.

TOPS 2048 (Take Off Pounds Sensibly), 6 p.m., Melvin Price Support Center in Granite City; 876-2124.

TOPS IL 645, 7 p.m., Anchorage Recreation Center, 2909 Edwards St., Granite City, 452-6102. Men and women welcome.

TUESDAY, FEB. 18

KNIGHTS OF COLUMBUS, 4th DEGREE, 4225 Old Alton Road, 7:30 p.m., 877-4250.

LUPUS ERYTHEMATOSUS SUPPORT

GROUP, sub-chapter of Illinois Lupus Foundation, 7:30 p.m., Memorial Hospital auditorium, Belleville, 233-7750, extension 5860.

PONTOON BEACH SENIOR CITIZENS, meeting, 7 p.m., 3910 Illinois 111, Pontoon Beach.

TOASTMASTERS INTERNATIONAL meets from 7 - 9 p.m. at Shoney's, Hwy 157 (84 Commerce Drive), Collinsville. Come join us for better communication and leadership skills. For more information call 692-6026 or 344-2898.

Bemis Chiropractic, 3361 Fehling Road in Granite City, is offering **FREE ELECTRONIC SPINAL SCREENINGS** from 9 a.m. to noon. Call 876-2273 for more information.

BOOTS & SLIPPERS DANCE CLUB, square dance lessons, 7 to 9 p.m., First Christian Church, across from the Cracker Barrel, Caseyville. The cost is \$2.50 per person, per lesson. For more information, call 787-6528 or 344-4630.

DEPRESSIVE MANIC DEPRESSIVE ASSOCIATION OF MADISON COUNTY will meet from 7 to 9 p.m. at St. Elizabeth Medical Center, James E. Lewis and Karl A. Strassman, Co-leaders of the DMDA, will conduct the meetings. For more information, call 877-7517 or (314) 776-4929.

TOPS 1899, (Take Off Pounds Sensibly) will meet at 6:45 p.m. at the Anchorage Recreation Center, 2909 Edwards St., call 797-2724 for more information. Men and women are welcome to attend.

ALCOHOLICS ANONYMOUS, 8:30 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS (women only), 8 p.m., Presbyterian Church, Mitchell, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS, 8 p.m., St. John United Church, 2901 Nameoki Road, Granite City, 692-8078.

ALANON, 8 p.m., St. John United Church, 2901 Nameoki Road, Granite City, 463-2429.

ALANON, 8 p.m., Niedringhaus United Methodist Church cafeteria, 20th and Delmar, Granite City, 463-2429.

ALATEEN AND PREALATEEN PROGRAM for 12 to 17 age group, and prelateen for six to 11 year age group, meets at 8 p.m. at Niedringhaus United Methodist Church, 20th and Delmar. For more information call 463-2429.

THE BLOOD OF THE LAMB PRAYER AND BIBLE STUDY. The public is invited to come for praise and worship, teaching from the Word and prayer

for your needs from 10:30 a.m. to 12:30 p.m. at Full Gospel Fellowship Hall, 2301 Orville, Granite City. A nursery will be provided. If a ride is needed, call 451-4020 or 1 (314) 668-1865.

THE CIRCLE OF HOPE, a 12-step healing program for anyone whose life is affected by HIV infection meets at 7 p.m. at the King's House on North 56th Street in Belleville. For more information, call 234-0291.

GRANITE CITY KIWANIS meet at Shoney's at 7:30 a.m.

NARCOTICS ANONYMOUS, Path to Recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

SCHOOL OF METAPHYSICS, 7:30 to 10:30 p.m., 9450 Roslan Place, St. John, Mo. 63114. Classes in applied metaphysics. Call Melanie McManus at 429-0078.

St. Elizabeth Medical Center's Behavioral Health System will present a talk entitled "ADOLESCENT SUBSTANCE ABUSE" at 7:30 p.m., Pascal Hall at St. Elizabeth Medical Center. Talk is free. Call 798-3888 to register or for more information.

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**Friday February 21, 6pm - 10pm
Saturday February 22, 10am - 9pm
Sunday February 23, 10am - 5pm**

Play makes comedy of today's relationships and therapy

A cast of six people in a Christopher Durang comedy has director David Quinn smiling these days at Southern Illinois University at Edwardsville.

After directing two theatrical war horses, Quinn is ready for

a breather.

He directed "Man of La Mancha" for "Summer Showbiz '95" and "Midsummers Night's Dream" for the university's regular season for the following spring and was confronted with casts of 25 or

more actors in each production.

Durang's off-Broadway comedy "Beyond Therapy" with its small cast, is a treat for the director.

The performances are set for 7:30 p.m. Friday and Saturday,

Feb. 14, 15, 21 and 22, and at 2 p.m. Sunday, Feb. 23, all in the SIUE's Communications Building Theater.

Quinn said "Beyond Therapy" is about two people who meet through a personal ad, leading to a neurotic relation-

ship and hilarious situations, with a satiric comedy about America and its obsession with relationships and therapy.

Tickets for "Beyond Therapy" are \$5; \$4.50 for students, senior citizens and SIUE facul-

ty and staff.

This play is not suitable for small children.

For ticket information or to order tickets by telephone, call the SIUE Fine Arts box office at 692-2774.

HOW TO BE A 'HEALTHWISE CONSUMER'

THURSDAY, FEBRUARY 20, 7 P.M.

Speakers:

Dr. Joseph Prosser
Medical Director
St. Elizabeth's Hospital

Linda Krausz
Managed Care Analyst
St. Elizabeth's Hospital

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- ☒ Learn how to "shop" for the best medical coverage
- ☒ Medical plans—not all features fit all consumers
- ☒ Answers to your "managed care" questions

Call 234-2120, extension 1575 to register for this free program.

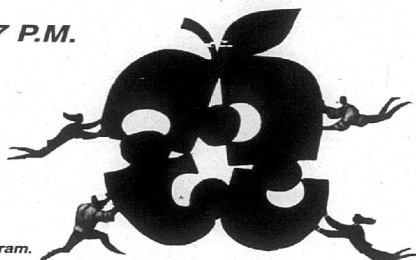
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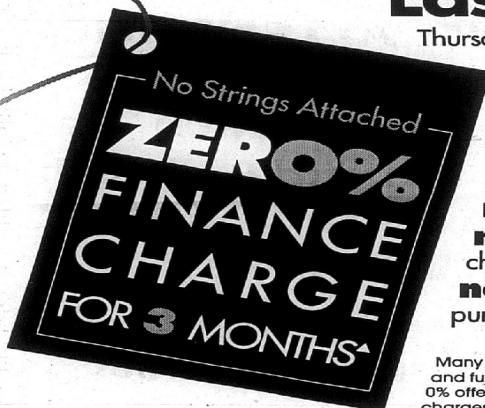
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THURSDAY, FEB. 6th	THURSDAY, FEB. 13th
1365 South 5th St. St. Charles, MO 63301 314-925-2744 314-940-2312	7077 Chippewa Ave. Shrewsbury, MO 63119 314-781-2218
FRIDAY, FEB. 7th	FRIDAY, FEB. 14th
2393 N. Highway 67 Florissant, MO 63033 314-839-5549 314-839-5716	2801 N. Illinois Swaraze, IL 62221 618-235-9990 314-231-6502
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**ENROLLMENT FOR 1997-98
OPENS FEBRUARY 19, 1997**

200 AARP members attend dinner-dance

Approximately 200 American Association of Retired Persons members and guests attended the annual AARP Chapter 1340 Christmas dinner-dance, held at the Nelson Hagnauer Town Hall.

The hall was decorated with gala Christmas decorations and a beautiful Christmas tree. Pauline Hanson, president, welcomed everyone. Delphine Stone led the group in a prayer and pledge of allegiance.

Before the festivities began, Hanson awarded monetary gifts to Protestant Welfare, Catholic Charities and the Salvation Army. Members brought items for the needy to be used by Protestant Welfare and Catholic Charities for Christmas baskets.

A buffet was prepared by Jerry's Cafeteria. Candy boxes were part of each table place setting, donated by Thomas Mortuary which also donated three special attendance prizes won by Shirley Tretter, Clara Tanase, and Rita Gimpel. Fifty silver dollars were given as prizes, courtesy of Irwin Chapel.

NEWS



Mrs. Tomea Kirchoff, left, president of the Macedonian Bulgarian Ladies' Aid Society, presents a check for \$5,000 to Sister Mary Thomas, chairman of the board of St. Elizabeth Medical Center, to subsidize health care for low-income patients through the WINGS Campaign and the Koch Family Health Center.

Group donates \$5,000 to WINGS

The Macedonian Bulgarian Ladies' Aid Society, a non-profit charitable organization and one of Granite City's oldest women's clubs, has contributed \$5,000 to St. Elizabeth Medical Center's WINGS Campaign.

It has also donated to other community organizations as it deactivates the business aspect of its meetings to continue existing on a social basis, perpetuating long-lasting friendships and keeping alive the essence of the organization.

Mrs. Tomea Kirchoff, president of the organization for the past 25 years, said, "the organization will distribute the funds with sensitivity and good will to various institutions and charities."

Founded in 1925 by immigrant women, the organization provided fellowship and

encouragement to young women adjusting to life in a new country.

It instilled the principle of "education, Christian love, mutual respect and charity." Throughout the years, its membership, representing four generations, has emphasized the charitable nature of the organization. For 71 years, it has played a significant role in the lives of its members and has become an important influence in the ethnic community and the community at large.

The Society's gift to WINGS will help provide physician services, medical treatment and illness-prevention education for low-income patients through the Koch Family Health Center.



Drs. Kent & Kathy Splaingard take great joy in welcoming Patty Magouirk to our dental team. Patty joins Cindy, Debbie, Amy and Tracy as our

**APPOINTMENT
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Patty has 12 yrs. experience in dental offices, 11 years in Dr. Splaingard's former practice in Cahokia, IL.

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Receive a delectable Giant Hershey's Kiss free with \$100 in St. Clair Square specialty store purchases. *Simply present your same-day receipts at the Customer Service Center on the lower level. Nothing could be sweeter!

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FAMILY



K of C members, from left, Ted Kwiatowski, Jim DeRuntz and Ray Sudholtz present a check to Sheri Hensley of Catholic Charities.

Knights of Columbus donate to Catholic Charities

The Knights of Columbus provided Catholic Charities with the funds to bring Christmas to many of their needy families.

The K of C contribution made it possible for the agency to provide gifts and necessities for people having a difficult time.

Catholic Charities is grateful to the K of C and all of the other groups who so generously made Christmas brighter for those in need.

EPA seniors celebrate

The Eagle Park Area Seniors celebrated their second anniversary and volunteer appreciation day on Saturday, Oct. 12 with a dinner and awarding of "Certificates of Appreciation" for volunteers who participated in the senior citizens' fund raising events during the summer. Special guests for the celebration were Lucille Finger, Brenda Tumkins, Dora Faye Salek of St. Louis, and Ada Thompson of Chicago. Special recognition went to Henrietta Hayes of Chicago, who came in June to participate in the "fish fry." She was not present.

On Thursday, Oct. 31, Patricia Shipp, program assistant, conducted a two-part work shop on healthy eating.

On Thursday, Nov. 14, Connie Johnson, Patricia Watson and Janice Yates from Inter-active Distribution in St. Louis did a make-up demonstration for the seniors.

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Gerald H. Bemis, D.C.

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Stephanie M. Buhs, D.C.

Many ordinary tasks performed during a normal working day place repeated and prolonged strain on the spine and connecting muscles. Dentists, for example, are constantly stooping to perform dental work on their patients. Taxi drivers and truckers spend most of their time sitting in unnatural positions in seats of poor orthopedic design that lack proper back support. Secretaries and writers spend much of their days sitting in a

stooped position while working at word processors or typewriters. Auto mechanics and plumbers work in cramped spaces. And the list goes on and on of workers whose jobs produce stress and strain on the spine.

If you suffer from back or related pain, you need the attention of a professional to bring you relief. Call us today for a chiropractic examination.

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Tri-City Shrine Club installs officers

The Tri-City Shrine Club held its installation of officers at the AmVets Post 204 in Madison.

Ralph Baker, the 1995-96 president of the Shrine club, passed the gavel to A. Lee Jones, elected president for 1997, who expressed his gratitude to Baker on behalf of the club members for what Baker accomplished during his term.

Jones and his wife, Donna, live in Granite City. They have two children and one grandchild.

Jones works at Cummins Gateway of St. Louis, having been there 29 years. He is a member of Triple Lodge 833, York Rite Bodies in Granite City, Ainal Temple in East St. Louis, Eagles Lodge 1125 of Granite City, and an Honorary member of Granite City Lodge 877.

Other officers installed were Keith Pogue, vice president; Charlie Stief, second vice president; John DeCourcy, secretary; and Sidney Strotheide, treasurer.

Executive board members installed were Jewell Burnett, Grant Harbison, Ralph Baker, Bill Davis, Harvey Smalley and Jerry Pragacz.

Baker presented Wil Winter with the Shriner of the Year award and Grant Harbison was



A. Lee Jones

given the President's Award for 1996.

Following the installation ceremonies, those attending danced to the music of the Joey James Band.

The celebration was enhanced by the presence of some of the Divan, the officer of Ainal Temple.

Illustrious Potentate for 1997,

Charles Alves, and his lady, Ann, headed up the officers attending.

Other officers were Jack Taylor and Kenneth Snyder, and the new Outer Guard, Ken Lake.

Past Potentates present were Jack Dempsey, Don Adams, Ron Barschak, Orville Hommert, Kelly Hogan, Randy Burton, Ron Williams, and Roy Wilimzig.

Past Presidents of the Shrine Club attending were John DeCourcy, John McGee, Kelly Hogan, E. Gene Ross, Orville Hommert, Ken Anderson, Sid Strotheide, Ben Livingston, Ellis Hackney, Jerry Pragacz and Bill Davis.

The theme for 1997 will be "Celebrate" the Year of the Shriner.



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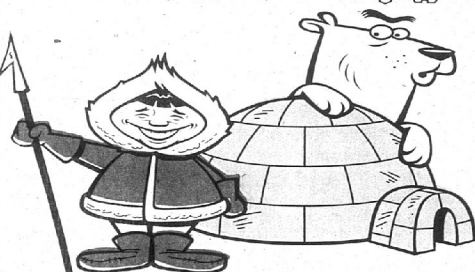
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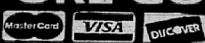
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Today's Food

Wednesday, February 12, 1997

Food & Nutrition

Wise Ways

Brownies, particularly those made with lots of love and lightness, say 'I love you.'

INSIDE

Heart-y Bites

American sweet tooth continues to grow with replacement products.

INSIDE

Blue Ribbon Cook

Mixture of beans and rice, an international favorite, comes to Webster Groves with adopted child.

INSIDE

Test Run

Snack of pretzels from the freezer gets a touch of sweet aroma and flavor.

INSIDE

Micro Raves

A loving gift from the kitchen arrives faster when it is made in a microwave oven.

INSIDE

Lively Taste

A little bit of lively flavor carries a big punch. For instance, a touch of sesame oil goes a long way in a main-dish fried rice. Steam a basic variety of fresh vegetables — like bell pepper, pea pods (frozen, if desired), onion, broccoli and mushrooms — with garlic and ginger and 2 to 3 tablespoons water until tender-crisp. Add a combination of 3 cups cold cooked rice, 3 tablespoons soy sauce and 2 teaspoons dark sesame oil, plus any stir-fried meat or poultry desired. Mix well. Cook and toss about 5 minutes until heated through. Add 1/4 cup thinly sliced green onion before serving.

Health & Fitness

Medicine Chest

Orange juice helps the body absorb iron from food. A person who eats less meat may be getting less iron from food. Vegetarians, women of child-bearing age and adolescents are at higher risk. To minimize the risk of iron deficiency, drink orange juice at meals.

Fresh Picks

Buying torn salad greens prewashed in a bag is a quick way to toss salad. Some combinations include carrots and cabbage, others include romaine or radicchio. To gauge how much is in a package, use this guide: One 10-ounce package contains 8 or 9 cups of loosely packed greens, while a 16-ounce package has about 12 cups of leafy green stuff.

Big Fat Tip

Eating a big meal at a restaurant this weekend? A good strategy for healthy eating is to eat low-fat foods early in the day, rather than avoiding food and being ravenously hungry at the dinner bell. A balanced selection of grains, fruits, vegetables and low-fat protein ensures better balance for the entire day.

Future Shop

What's old comes around to be new. Belief in aphrodisiacs has linked edibles to promises of seduction for centuries. Onions may have healthful powers aside from the romantic in today's world, but classic Hindu texts on the art of love include onions as the most used aphrodisiac in ancient Greece. Casanova was said to have eaten oysters every day for amorous effect. Seventeenth-century Europeans prescribed chocolate, and the Aztec Montezuma consumed large amounts of a chocolate drink daily to improve virility.

From the Heart



By Janice Denham
Staff writer

Never let it be said food is not the glue that holds people together. Few can resist the beckoning aroma of a loaf of bread, a savory stew, chocolate brownies or apple crisp extended from the kitchen.

It starts early. The mother of a first-grader invited to have dinner with a friend is wary of the possible consequences of her untethered child, but the host's parent knows it is a unique time to see friendship in early bloom.

The thread follows children through life until the day when the house shines with the sheen of pride that comes from an invitation to a future son- or daughter-in-law.

An invitation to eat together is more than a meeting of appetites. It blends minds, hearts and souls.

For a battery of valentine treats, take a tip from those

who feel less is more. Nothing is as sweet as a chocolate on a pillow, a note in a lunch box, a flower on a desk or a heart-shaped lollipop -- when it is unexpected.

Write a note to respond to the late Christmas card, put the kids' picture in an envelope for a former neighbor now living in a retirement home, call a friend who lost a loved one this year.

As plentiful as stars on a clear night are ways to address a healthy heart in a household or wherever "family" lives.

A heart-shaped, filled bread made from frozen dough is one way. For more recipes and frozen dough ideas, call a toll-free bake-line at 1-800-876-7333, or write to: Rhodes Bake-N-Serv, Box 25487, Salt Lake City, Utah 84125.

Cutting the fat in a sinfully-rich chocolate dessert is another. Baked Chocolate Pudding uses a new technique to accomplish this, by replacing up to one-half the amount of oil or margarine with half the amount of fruit puree. For instance, in a recipe that calls for 1 cup butter, 1/2 cup butter may be used and the other half cup replaced by 1/4 cup fruit puree. This recipe calls for prune puree; unsweetened applesauce, usually interchangeable in such recipes, works here as well.

Fruit purees are found with the oils in the supermarket. For more ideas from SunSweet about lower-fat sweets, call toll-free 1-800-417-BAKE, or send a self-

SEE HEART, INSIDE TODAY'S FOOD PAGE 2

BEAR-FACED FRIEND

Kids' Cuisine

Divide 1 loaf (1 pound) frozen bread dough, thawed, in 3 equal sections for large bear.

1. With one section, form oval for body; place on cookie sheet coated with nonstick cooking spray.
2. Divide second section in half. Shape one half into circle and place above body for head; set second half aside.
3. Form third section into flat circle. Place one half at sides of body for haunches. Divide remaining half into three pieces. Flatten one piece and cut in half to form two feet. Place cut-side down under body. With another piece, form two paws and place on body and above haunch.



4. Divide last piece into three pieces, one smaller than the other two. With one larger piece, form two ropes, loop them for ears and tuck under top of head. Form deep round muzzle out of second large piece; place on face.

Divide small piece into balls to form eyes, tip of nose, belly button and pads for paw. Place on bear. Using scissors, clip all paws.

5. Brush thoroughly with 1 egg, beaten. Cover with plastic wrap. Let rise 30 to 45 minutes. Remove wrap. Bake in preheated 350° for 20 minutes or until golden brown.



Today's Food

Good Health

By MELANIE POLK

Pancakes provide cause for flapjack celebration

Although February is the shortest month, it is packed with a long list of things to celebrate from presidents to pancakes. Yes, February brings forth National Pancake Week, when tribute is paid to the flapjack, griddle cake, blini, crepe and every other form of this favorite food. They traditionally were served before spartan Lent, which begins today, as a way to use up "rich" pantry ingredients.

Pancakes are best known to Americans as a great way to start the day. Rich in carbohydrates, they deliver enough energy to get a body through the morning with ease.

Topped with scoops of butter or puddles of syrup, pancakes can be high in calories and fat. To add flavor and nutrition without extra fat to a pancake breakfast, think creatively. Stir pumpkin puree, mashed ripe banana or a cup of favorite berries into the pancake batter for moist, flavorful food. Use low-fat buttermilk or skim milk in the batter to make lighter pancakes without affecting their flavor.

Incorporate nutritious, creative versions of pancakes into every meal. Crepes are an elegant main dish for brunch or lunch. The batter of these savory, delicate wraps often include vegetables, like chopped spinach in a Middle Eastern crepe filled with leeks, eggplant and zucchini.

Pureed red beans go into a Tex-Mex version accompanied by chopped fresh tomato, onion and cilantro.

Dessert crepes end a meal on a light note when they are filled or topped with low-fat ingredients. Fruit filling — such as spiced apples, poached berries, or more exotic choices like papaya or rhubarb — bring color and taste without added fat.

For a delicious meal ending worthy of a pastry chef, warm orange marmalade or apricot preserves and pour over pancakes, then sprinkle with confectioner's sugar.

Whole-grain flour used in place of all-purpose flour adds fiber and nutrition to pancake recipes. Whole wheat flour, soy flour, buckwheat flour, wheat germ, cornmeal or brown rice flour can be substituted for one-third to one-half the all-purpose designated in most pancake recipes.

This recipe for Whole Wheat Pancakes produces cakes with a slightly nutty flavor that matches a fresh fruit topping well.

For a free brochure showing how dietary fiber can lower risk for cancer, send a self-addressed, stamped, business-size envelope to American Institute for Cancer Research, Department DF, Washington, D.C. 20069.

Registered dietitian Melanie Polk is director of nutrition education for the

AICR in Washington.

WHOLE WHEAT PANCAKES

- 1/2 cup whole wheat flour
- 1/2 cup plus 2 tbsp. all-purpose flour
- 1 tsp. salt
- 1 tsp. baking powder
- 2 tsp. sugar
- 1 egg, beaten
- 1/2 cup skim milk
- 2 tsp. oil
- 1/2 cup plain nonfat yogurt
- 2 tsp. maple syrup
- 1/2 cups sliced fruit or berries

In large bowl, combine flours, baking powder, sugar and salt. Stir to mix. Pour in egg, milk and oil. Stir until dry ingredients are wet.

Lightly grease pan or coat with nonstick cooking spray, if desired.

Drop batter into pan by large spoonful.

Cook until surface is full of bubbles that start to pop and underside is golden brown. Turn over. Brown the other side.

To make topping, combine yogurt and syrup. Mix well. Spoon over each pancake and top with fruit. Makes 6 servings, 300 calories and 7.5 g fat each.

Micro Raves

By JUDY EDDY

Stir up quick appreciation for Valentine's Day cook

February 14, Valentine's Day, is that day set aside for letting others know they are special. Cards, candy and romantic gifts are traditional offerings, but to make the day special, give something hand-crafted to loved ones. For the giver, making it in a microwave oven means a quicker results in the kitchen.

Most desserts adapt well to microwave cooking. Puddings and pie fillings are cooked with less risk of lumping and scorching.

Cake mixes are created especially for microwave cooking. Chocolates can be melted easily, rather than going to the trouble and bother of using a double boiler on a conventional stove. Bowls and other cooking dishes clean up easily because burnt-on food does not necessitate scraping and soaking.

Melting chocolate in a microwave oven requires simple steps:

- Chocolate should be broken in small pieces and arranged in a circle in a microwave-safe bowl for even melting.
- Chocolate should be melted on medium power because it is easier to control and avoid scorching.
- Stir chocolate at intervals during the melting time to distribute heat evenly. Chocolate becomes hot enough to melt without losing its shape, so checking must be done often.

Hand-dipped Chocolate.

Covered Strawberries, delightful to see and taste, can be created in minutes. They can garnish a dessert plate or be given as an elegant candy treat that leaves the budget intact.

Chocolate bark for dipping is sold in the baking section of the store. Packaged as blocks, small or large amounts of the chocolate can be used without incurring waste.

Chocolate Trifle is a top-class dessert that makes friends into valentines.

Home economist Judy Eddy specializes in microwave cooking.

HAND-DIPPED STRAWBERRIES

- 12 oz. chocolate bark, cut in pieces
- 1 qt. large fresh strawberries

Wash strawberries and pat dry, leaving stems on berries to use as handle for dipping. Cover cookie sheet with waxed paper (not aluminum foil or plastic wrap) to let treats harden without sticking. In microwave-safe bowl, place chocolate in single layer. Microwave on medium power 2 minutes. Stir. Microwave 1 minute longer. Stir again. If necessary, continue to microwave in 30-second intervals until melted evenly.

Holding by its stem, swirl

each strawberry in melted chocolate to cover partially. Place dipped berries on lined cookie sheet. Chill 30 minutes or until chocolate is hardened.

Variations: Pretzels, peanut butter sandwich cookies or sliced banana can be dipped in chocolate. Freeze 1-inch slices of banana until solid, then dip in melted chocolate and roll in chopped pecans or walnuts for a sweet surprise.

CHOCOLATE TRIFLE

- 6 slices angel food cake, cut in 1 inch cubes
- 1 carton (8 oz.) frozen whipped topping, thawed
- 1 pkg. (6 servings, 5 oz.) chocolate pudding mix for cooking
- 3 cups milk
- 1 can (21 oz.) cherry pie filling
- 1/4 cup chopped pecans

In large microwave-safe bowl, stir pudding mix into milk. Microwave on high power 8 to 9 minutes until mixture comes to full boil, stirring every 2 minutes. Chill about 2 hours.

In large glass bowl, place half the cake. Cover with half the pudding, then half the pie filling and one-third of the whipped topping. Repeat. Cover with remaining whipped topping. Sprinkle with pecans. Chill.

Recipe

CUBED STEAK WITH STROGANOFF SAUCE

- 1 1/4 lb. cubed beef steak, trimmed of visible fat, cut crosswise in 1/4-inch strips
- 1/4 tsp. salt

- 1/4 tsp. pepper
- 2 tsp. olive or vegetable oil
- 2 cups (5 oz.) sliced fresh mushrooms
- 3/4 cup sliced onion
- 1/4 cup reduced-fat sour cream
- 1 tbsp. cornstarch
- 1/2 cup evaporated skim milk
- 3/4 cup beef broth
- 1 pkg. mushroom sauce mix
- 1 1/2 tsp. red wine vinegar

Sprinkle beef with salt and pepper. In nonstick skillet, heat 2 tablespoons oil over high heat. Cook meat, half at a time, 2 to 4 minutes, turning once, until browned. Do not overcook.

Remove to serving plate. Cover loosely with aluminum foil to keep warm. Place mushrooms and onion in skillet. Reduce heat to moderate. Cook, stirring frequently, 3 to 4 minutes (pan will be very dry at first) until browned.

In small bowl, whisk sour cream and cornstarch with evaporated milk. Add broth, sauce mix, vinegar and any meat juices collected on serving plate to same skillet. Stir to blend.

Increase heat to high. Stir just until boiling. Reduce heat to low. Simmer about 2 minutes, stirring frequently, until thickened and bubbly. Stir in sour cream mixture. Bring just to simmer.

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Visit any Frank's store, and you'll be amazed at the vast selection of plants. You're certain to find the perfect one at a great price. And, unlike the nice box of chocolates that'll get gobbled up in record time, a gift plant will be around to keep on giving for a long time.

Frank's Valentine's gift plant selection contains your favorites. You'll even find mini roses, one of the greatest ways we know to show you really care.

Following is some info on other type of plants available at Frank's.

Cyclamens bear two to three-inch flowers with petals that sweep up much like butterfly wings. Flowers bloom in shades of pink, red and white above thick, dark green leaves that often have silvery markings.

The best environment for these plants is bright, indirect sunlight, with daytime temperatures of 70° or lower. That must be taken into consideration when giving as a gift. If your special someone likes to keep the home on the cool side, the cyclamen or Primrose would fit in perfectly. If not, you should opt for another choice, such as the African violet. Read on.

African violets, known technically as Saintpaulia, are probably the most popular flowering houseplants in the country. They can blossom continuously, bearing clusters of velvety one- to two-inch flowers in pink, blue or purple, as well as white and bi-colors. These plants usually grow four to six inches tall.

African violets do best in bright, indirect sunlight or in artificial light per day. They prefer daytime temperatures of 72° or higher.

Primrose (experts call 'em Primula) bring a touch of

spring to any home in winter. They like bright, indirect light, night temperatures of 40° to 50° and day temperatures of 68° or lower.

Begonias make up the largest genus of plants suitable for indoors. The wax begonia has satiny flowers less than an inch across. They come in white, salmon pink or rose red, with oval green or reddish leaves as large as four inches. They bloom profusely, and can attain heights of 14 inches.

Begonias generally like normal room temperature, between 68° and 72°. They need at least four hours of direct sunlight per day from November through March, and should be provided bright indirect sunlight the rest of the year.

So visit Frank's and pick out your soon. After all, Valentine's Day is only two days off!

Easter Already? Not quite, but it's sneaking up fast. Faster than usual, in fact. It's an early Easter this year, falling on March 30. So if you're planning on creating some unique Easter decorations, it's time to start thinking about it. Frank's carries a great assortment of Easter plaster and other decorating items to make the holiday extra special.

On Sunday, we have some great tips on houseplant care to keep your gift plants looking their best, so be sure to watch for them.

Shop any of these ten convenient Frank's locations

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Dessert has a way of sneaking up on the healthiest-minded eater. There is nothing wrong with a sweet desert from the straight and narrow once in a while, particularly when the treat is fine-tuned for enjoyment.

Strawberry brownies are picture-perfect. These recipes call for low-fat fudge brownie mix. The topping says it all to a special someone. You deserve a sweet as sweet as you are.

One way to make brownies special is to drizzle marshmallow creme in rows on top of the unbaked batter, then drizzle 3 tablespoons raspberry jam or orange marmalade, stirred until smooth, in thin lines between the marshmallow rows. Swirl the top a bit and bake as directed.

For mocha flavor, stir ½ teaspoon cinnamon and 1

teaspoon instant coffee granules into unbaked batter, or top with frosting and sprinkle with 1 to 2 tablespoons crushed coffee-flavored candy.

STRAWBERRY CREAM CHEESE BROWNIE PIE

- 1 pkg. (15.1 oz.) reduced-fat fudge brownie mix
- ½ cup water
- 1 pkg. (8 oz.) fat-free cream cheese, softened
- ¼ cup sugar
- 1 cup sliced strawberries (or banana)
- 2 tbsps. fat-free hot fudge topping

Preheat oven to 350°. Coat bottom of 9-inch round baking pan with nonstick cooking spray.

In large bowl, combine brownie mix and water. Beat 50 strokes by hand. Spread in prepared pan. Bake in preheated oven 28 to 32 minutes. Cool in pan 15 minutes. Remove from pan. Cool completely.

In small bowl, beat cream cheese and sugar until smooth. Spread over cooled brownie. Arrange strawberries over cream cheese mixture. Just before serving, stir topping until smooth and drizzle over berries.

STRAWBERRY BROWNIE PIE

- 1 pkg. (15.1 oz.) reduced-fat fudge brownie mix
- ½ cup water
- 3 cups nonfat strawberry frozen yogurt, slightly softened
- 1 cup frozen fat-free whipped topping, thawed
- 4 strawberries, halved

Preheat oven to 350°. Coat bottom of 9-inch round baking pan with nonstick cooking spray.

In large bowl, combine brownie mix and water. Beat 50 strokes by hand. Spread in prepared pan. Bake in preheated oven 28 to 32 minutes. Cool in pan 15 minutes. Remove from pan. Cool completely. Spread frozen yogurt over cooled brownie. Freeze until serving time. Top each slice with 2 tablespoons whipped topping.

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FEELING FIT

By Mark Lymberopoulos

Swimming-pool workouts are strenuous enough to offer aerobic benefits, gentle enough to do after an injury. Underwater running several times a week yields nearly the same benefits as running the same distance and frequency on land, Brigham Young University researchers found.

Except for the elderly, there's no truth to the myth that exercising in the cold will hurt your lungs. The body warms up the air quickly. But to dress properly, in layers you can shed, and wear hat and gloves.

Eat all you want and never get fat? Well, maybe. Orlistat, a new medication now in clinical tests, seems to neutralize a fat-processing enzyme so that some of the fat we eat can pass through the body without being absorbed. But don't go on a binge yet; doctors still call for dieting.

Smart skiers strengthen calf, thigh and lower back muscles before they hit the slopes. Face a stairway and step up to the second step; bring the other leg up until you're standing, then step down with first. Repeat the cycle 30 times a minute for five minutes.

The smartest skiers do their step exercises the better way at **Reduce World**.

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rekindle your own memories by
placing a special tribute in this
special section. The deadline is
Monday, February 17, and the
price is the year the couple was
wed. For example: If you were
married in 1933, the cost of the ad would be
\$19.33. To submit your tribute, complete the form below, include
photograph & payment and mail to Suburban Journal, 1714 Deer
Trails Trail, St. Louis, MO 63131. Please put your name and
address on the back of the photos so that we may return them. If you
have any questions, please call us at (314) 966-FAST (3278).



Wedding Memories

General Dept., Suburban Journals, 1714 Deer Trails Trail, St. Louis, MO 63131

Names of Bride & Groom _____

Date of Wedding _____ Location of wedding _____

City _____ State _____ Zip _____

Price is year couple wed: \$ _____ Discover CC# & Exp. _____ Check/Money order or _____

Mark the Zone ☐ Visa ☐ MasterCard ☐ Discover CC# & Exp. ☐ Check/Money order or ☐ _____

Mark the Zone ☐ South ☐ Jeff ☐ West ☐ North ☐ St. Charles ☐ Illinois

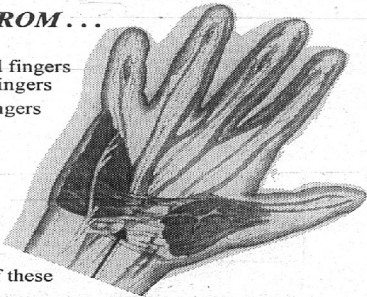
Signature _____

DO YOU SUFFER FROM...

- ☐ Wrist Pain
- ☐ Numbness in your hand and fingers
- ☐ Tingling in your hand and fingers
- ☐ Pain in your hand and/or fingers

DO YOU...

- ☐ Work at a keyboard
- ☐ Work on an assembly line
- ☐ Do repetitive hand movements on your job



If you answered "YES" to any of these questions, call the

CARPAL TUNNEL TREATMENT CENTER

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Recipe

PIZZA-FLAVORED CHICKEN TACOS

- 4 boneless, skinless chicken breast halves, cut in strips
- 1 small onion, chopped
- 1 small green bell pepper, chopped
- 4 oz. fresh mushrooms, sliced
- 1 clove garlic, minced
- 1 tsp. flour
- 1/2 tsp. salt
- 1/2 tsp. basil
- 1/2 tsp. oregano
- 1/4 tsp. pepper
- 1 can (8 oz.) tomato sauce
- 1/2 cup water
- 12 taco shells

Toppings: chopped tomato, chopped onion, shredded lettuce, sliced black olives, shredded mozzarella cheese, grated parmesan cheese

In nonstick frying pan over medium heat, brown chicken strips about 5 minutes.

Add onion, green pepper, mushrooms and garlic. Cook about 5 minutes longer until tender. Sprinkle with flour, salt, basil, oregano and pepper. Stir in tomato sauce and water. Bring to boil. Reduce heat to low. Simmer about 15 minutes.

To serve, spoon sauce into warm taco shells. Add toppings as desired.

Today's Food

Indulgent dessert brings sweet tooth to its knees

While candlelight dazzles the eyes, luscious desserts delight the taste buds. Elegant desserts made with fat-free sorbets and fat-free frozen yogurts provide indulgence without guilt. The creations can be made in minutes.

It pays in flavor to use quality ingredients, but an artistic presentation of the end result sets off pure anticipation.

Chocolate Raspberry Perfection combines three favorite flavors — raspberry, pear and chocolate. Pureed raspberries cover the bottom of the plate. On top is a scoop of raspberry frozen yogurt and a pear half sliced and shaped to resemble a fan. A chocolate drizzle, a few fresh raspberries and mint leaves add color and style with no fat per serving in this irresistible dessert.

For chocolate lovers, serve Frozen Chocolate Mint Mousse. It's a creamy blend of just a few ingredients — chocolate sorbet, milk, chocolate syrup and mint candy. It tastes indulgent but has only 160 calories per serving.

All that sparkles is not champagne. This bubbly concoction is fat-free, combining frozen strawberries and apricot nectar with lemon juice, honey and fruit sorbet. Add two bottles of sparkling white wine or, for a non-alcoholic version, white grape juice.

Start a special day or treat the brunch bunch to holiday-bright, sweet beginnings.

Boost the flavor of waffles with a scoop of frozen yogurt topped with a spoonful of fruit preserves or jam.

For breakfast on the run, create a fruit smoothie with milk, frozen sorbet and fresh or frozen fruit combined in a blender.

- Eat a parfait. Alternate layers of frozen yogurt or sorbet with fresh fruit and granola.
- Top a fresh fruit salad or a melon half with a scoop of sorbet.
- Mix frozen yogurt instead of milk into breakfast cereal.

CHOCOLATE RASPBERRY PEARFECTION

- 1 pkg. (10 oz.) frozen raspberries in syrup, thawed
- 4 canned pear halves in light syrup, well drained
- 1 pt. fat-free raspberry frozen yogurt, or strawberry or raspberry sorbet
- Chocolate syrup
- Fresh raspberries, if desired
- Fresh mint leaves, if desired

In blender or food processor, blend raspberries with syrup until pureed. Pour mixture through fine wire mesh strainer, pressing with rubber spatula to remove seeds. Discard seeds. Refrigerate.

To serve, spoon raspberry sauce onto 4 dessert plates. Carefully make 4 vertical cuts in each pear almost to bottom, so pears gently fan.

Place 1 pear half on each plate. Place large scoop of frozen yogurt or sorbet next to each pear. Drizzle pears with chocolate syrup. If desired, garnish with fresh raspberries and mint.

Easy variations: Substitute raspberry-flavored syrup or chocolate syrup for raspberry sauce.

FROZEN CHOCOLATE MINT MOUSSE

- 1 pt. chocolate sorbet, softened
- 1/4 cup low-fat milk
- 2 to 3 tsp. chocolate syrup
- Chopped after-dinner mints or crushed starlight mints
- Frozen reduced-fat whipped topping, thawed (optional)

Blend sorbet, milk, chocolate syrup and crushed mints in blender or food processor until smooth and thick. Spoon mixture into 4 dessert glasses. Garnish with dollop of whipped topping and sprinkle with mint candy. Makes 4 servings.

MOCK CHAMPAGNE PUNCH

- 1 pkg. (10 oz.) frozen sliced strawberries in syrup, thawed
- 2 cans (5.5 oz. each) apricot or peach nectar (1 1/2 cups)
- 1/4 cup lemon juice
- 2 bottles (750 ml each) sparkling white wine or white grape juice, chilled
- 1 pt. strawberry, lemon or raspberry sorbet
- Sliced fresh strawberries, if desired
- Fresh mint sprigs, if desired

In blender or food processor, blend strawberries with syrup until smooth. Pour mixture into large pitcher. Stir in apricot nectar, lemon juice and honey. Blend well. Refrigerate until serving time.

LEMON RICE

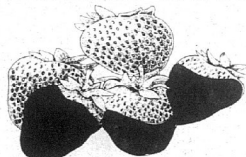
- 1/2 cup uncooked rice
- 2 tsp. margarine
- 1 clove garlic, minced
- 1/2 tsp. grated lemon peel
- 1/8 tsp. pepper
- 1 cup fat-free chicken broth
- 2 tsp. snipped fresh parsley

In medium saucepan, combine rice, margarine, garlic, lemon peel, pepper and broth. If using brown rice use 1 1/4 cups broth.

Bring to boil, stirring once or twice. Lower heat to simmer. Cover tightly. Cook 15 minutes for regular rice, 20 minutes for converted rice, or until liquid is absorbed. Stir in parsley.

Makes 4 servings; 105 calories, 2 g protein, 2 g fat, 19 g carbohydrate, 312 mg sodium and no cholesterol each. Exchanges: 1 starch/bread 1/2 fat.

Chocolate Covered



STRAWBERRIES

LARGE BOX \$10.95 SMALL BOX \$5.95

Available Feb. 13th & 14th

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Wentzville	Calhoun Village	Ladue	Edwardsville	Collinsville	Southwestern	Swansea
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For Those Proud Parents, Grandparents, Lovers & Sweethearts

Display your darling Sweetheart in a Special Valentine Greeting. We will feature a picture of your cutie-pie along with a heart felt wish from you.

Wednesday, Feb. 12

DEADLINE: Noon Thursday, February 6th

Bring In Granite City Press Record Journal

or Send To: 1815 Delmar Ave. Granite City, IL 62040

Your Valentine's Greeting HERE

Photo HERE

Name HERE

\$12.00 per picture

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BUY ALL THE ITEMS ON THE LIST BELOW AND PAY:

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EVERYDAY
PRICES

\$145.99
AT SHOP 'N SAVE

\$190.18

AT SCHNUCKS

AT SHOP 'N SAVE YOU SAVE
\$44.19 OR 23.2%

GROCERY & HBC DEPTS.

	Shop 'n Save	Schnucks	Savings
ORIGINAL Bugles 6 oz.	.99	1.50	.51
MINIATURE Kraft Marshmallows 16 oz.	1.29	1.79	.50
CREAM OF MUSHROOM Campbell's Soup 10.75 oz.	.79	.99	.20
CAMPBELL'S Onion Soup Mix 2.6 oz.	.79	1.19	.40
HUNT'S Manwich Sauce 15.5 oz.	.99	1.59	.60
FRANCO-AMERICAN Spaghetti's 15 oz.	.59	.89	.30
MACARONI & CHEESE Kraft Dinner 7.25 oz.	.79	.93	.14
WITH MUSHROOMS Ragu Spaghetti Sauce 27.75 oz.	1.49	2.29	.80
BEEF Rice A Roni 6.5 oz.	.99	1.29	.30
Bush Chili Hot Beans 15 oz.	.34	.55	.21
Hunt's Tomato Sauce 8 oz.	.29	.35	.06
CARAMEL Quaker Mini Rice Cakes 4 oz.	1.50	1.89	.39
BI PACK La Choy Chow Mein 42 oz.	2.49	3.09	.60
NUTRASWEET Equal Sweetener 200 ct.	5.99	6.99	1.00
Safari Lite Coffee 39 oz.	7.29	8.29	1.00
MILK CHOCOLATE Carnation Cocoa Mix 10 ct.	1.47	2.19	.72
PRE-PRICED \$8.99, SMALL BITES Pedigree Mealtime 22 lbs.	6.99	8.99	2.00
ITALIAN Wishbone Dressing 16 oz.	1.99	2.69	.70
FLAVOR Milk Bone Snacks 60 oz.	2.99	4.19	1.20
PETER PAN Peanut Butter 40 oz.	3.99	4.99	1.00
GENERAL MILLS Cheerios 20 oz.	3.59	4.39	.80
KELLOGG'S Raisin Bran 25.5 oz.	2.99	3.79	.80
PURE VEGETABLE Wesson Oil 48 oz.	1.99	3.59	1.60
Lever 2000 Bath Soap 6 pk.	3.99	5.29	1.30
AUTO DISH, LEMON Cascade Liquid 50 oz.	2.17	2.87	.70
42-USE LAUNDRY Ultra All Detergent 110 oz.	3.99	5.99	2.00
S.O.S. Steel Wool Pads 4 ct.	.49	.64	.15
GIANT Reynolds Foil 200 ft.	4.99	5.99	1.00
BIG SQUEEZE Charmin Bath Tissue 9 roll	4.69	5.49	.80
Kleenex Facial Tissue 175 ct.	.99	1.39	.40
READY TO FEED Similac Formula 32 oz.	2.99	3.79	.80
BABY Johnsons Shampoo 20 oz.	3.59	4.19	.60
GUM CARE Crest Toothpaste 6.2 oz.	2.59	3.99	1.40

DAIRY/FROZEN DEPT.

	Shop 'n Save	Schnucks	Savings
CRUNCH Nestle Ice Cream Bars 6 ct.	2.89	3.49	.60
PEACH Prairie Farms Yogurt 8 oz.	.34	.75	.41
Medium Eggs 1 doz.	.69	1.05	.36
CHEESE SPREAD Cheez Whiz 16 oz.	2.99	3.59	.60
PHILADELPHIA Kraft Cream Cheese 8 oz.	1.19	1.39	.20
Pillsbury Pizza Crusts 10 oz.	1.59	1.99	.40
QUARTERS Imperial Margarine 1 lb.	.49	.69	.20
Land O Lakes Butter 1 lb.	1.99	2.29	.30
BLUEBERRY Eggo Waffles 11 oz.	1.50	1.99	.49
RICH'S Coffee Rich-Creamer 16 oz.	.69	.99	.30
MICROWAVE Simplot French Fries 3 pk.	1.50	1.99	.49
CHICKEN Banquet Pot Pies 7 oz.	.50	.79	.29
Michelina Mac. & Cheese 8 oz.	.99	1.69	.70

PRODUCE, MEAT & DELI DEPTS.

	Shop 'n Save	Schnucks	Savings
Artichokes each	1.48	1.99	.51
Asparagus per pound	1.98	2.99	1.01
REGULAR Carrots 1 lb. bag	.58	.69	.11
Yellow Onions 3 lb. bag	.98	1.99	1.01
SALTED Peanuts 20 oz. bag	1.98	2.49	.51
Snow Peas per pound	2.98	3.99	1.01
Russet Potatoes 5 lb. bag	1.68	1.99	.31
WEST VIRGINIA Bacon 24 oz.	4.99	5.99	1.00
LINKS Hunter Smoked Sausage 14 oz.	1.49	1.89	.40
Eckrich Jumbo Franks 1 lb.	1.99	3.19	1.20
SLICED Hunter Bologna 1 lb.	1.39	1.89	.50
ALL MEAT Seitz Bologna 1 lb.	1.59	1.99	.40
Tyson Chicken Chunks 10.5 oz.	2.99	3.39	.40
LOUIS RICH Ground Turkey 1 lb.	1.39	1.99	.60
Boneless Sirloin Steak per lb.	3.79	4.19	.40
DELI SLICED Hard Salami 4 per lb.	4.99	5.49	.50
DELI SLICED Top Round Roast Beef per lb.	5.29	6.99	1.70
DELI WAFER SLICED Turkey Breast per lb.	3.99	6.29	2.30

These items were purchased on Feb. 10, 1997 at Schnucks 15425 Manchester Rd. (Ballwin) at 9:24 a.m. Due to time required for ad processing, chain store prices may vary from date items were purchased to date of publication. Some of the above prices reflect manufacturers' deals for Schnucks.

02121A

Low, Low Prices

on 1,000's of Top Quality Products - That's

Total Value!



A&W ROOT BEER, SLICE,
BARQ'S ROOT BEER, MINUTE
MAID, CANADA DRY
GINGERALE, SUNKIST
ORANGE, BIG RED, DIET RITE
R.C. Cola,
Mr Pibb or
Mug Rootbeer

2/\$1

2-LTR. BTL. LIMIT 4
OVER LIMIT 69¢ EACH



REG., LIGHT OR FREE
Kraft
Mayonnaise

1.69

32-OZ. JAR



C&H Granulated
Sugar

2/\$3

4-LB. BAG

24/12-OZ. CANS
Pepsi, Diet Pepsi
or Mountain Dew

4.88

24/12-OZ. CANS
PEPSI, DIET PEPSI OR MOUNTAIN DEW 2-LTRS. 79¢
SPECIAL ORDER, OVEN RISING
OR DOUBLE TOP
Tombstone 2/6.95
28.35-30.95
16-OZ. PKG.
ASSORTED VARIETIES
FROZEN
Flav-R-Pac
Vegetables..... 95¢
16-OZ. PKG.
ASSORTED VARIETIES
LEAN & TASTY
Michelin's
Entrees..... 95¢
8-10 OZ. PKG.
ASSORTED VARIETIES
4-COMPARTMENT
Swanson
Dinners..... 2/\$4
8.75-11.5
OZ. PKG.

12/12-OZ. CANS, SPRITE
Coca Cola Classic,
or Diet Coke

3/6.99

12/12-OZ. CANS
COCA COLA CLASSIC, SPRITE OR DIET COKE 2-LTRS. 79¢
ASSORTED VARIETIES
FROZEN
Birdseye
Vegetables..... 99¢
18-OZ. BAG
ASSORTED VARIETIES
BURSTIDOS OR
Jack's Pizza 99¢
7-OZ. PKG.
Bursts.....
ASSORTED VARIETIES
Cool Whip 99¢
8-OZ. PKG.
Topping.....
Tampico..... 98¢
GALLON

IN OIL OR WATER
Starkist Chunk
Light Tuna

2/.98

6-OZ. CAN
SHOP 'N SAVE
Split Top 99¢
20-OZ. LOAF
Wheat Bread.....
Lipton 1.97
100-CT. PKG.
Tea Bags.....
Lipton Decaf 1.97
48-CT. PKG.
Tea Bags.....
REG., CANOLA
CANOLA CORN OR
NATURAL BLEND
Crisco Oil..... 1.98
48-OZ. BTL.

16-OZ. FROSTED MINI WHEATS, 15-OZ. FROOT
LOOPS, 20-OZ. RAISIN BRAN,
15-OZ. RICE KRISPIES OR 17.6-OZ. SMACKS
Kellogg's Cereal

2/\$4

Liquid
Sunlight 2/\$3
42-OZ. BTL.
Dish Detergent
Liquid or Powder 2/\$5
65-OZ. PKG.
Sunlight Auto
Dish Detergent
FREEZER OR STORAGE
GALLON OR QUART
Ziploc Bags..... 2/\$3
15-25
CT. PKG.
FIESTA NACHO
OR CHEDDAR
Campbell's 99¢
11-OZ. CAN
Cheese Soup.....
KOSHER DILL OR
BREAD & BUTTER
Vlasic Stackers 2/\$5
24-OZ. JAR
Pickles.....

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2/\$1

7-OZ.
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Red Tag Values are temporary manufacturer price reductions that we pass on to you. With red tags you save even more off our everyday low prices!

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Stores Only.
Some items not
available at all stores.



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**Miller
Lite**

599
12/12-OZ. CANS
LIMIT 4



OUR LOW SALE PRICE \$12.89
**Seagram's
7-Crown**

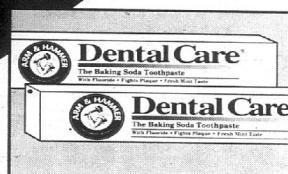
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1.75-LTR. BTL.
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SOLID OR WIDE ANTIPERSPIRANT
**Arm & Hammer
Deodorant**

2/\$3
1.7-2.2
OZ. PKG.



PEROXICARE OR
**Arm & Hammer
Dental Care**

159
4.5-5 OZ.
PKG.

ALL VARIETIES
Michelob..... 2/\$7
6-N/R BTL.

**Miller High
Life..... 99¢**
32-OZ. CAN

**Icehouse or
Red Dog..... 479**
12/12 OZ. CANS.

REG. LIGHT
OR DRAFT
Hamms..... 639
24/12 OZ. CANS

REGULAR, LIGHT
OR DRAFT
Old Milwaukee... 749
24/12 OZ. CANS

Ballatore..... 499
750-ML. BTL.

**Tosti
Asti..... 599**
750-ML. BTL.

**Beringer White
Zinfandel..... 389**
750-ML. BTL.

Bag Ice..... 69¢
8-LB. BAG

EXCEPT 100 PROOF
HOT DAMN
**DeKuyper
Schnapps..... 599**
750-ML. BTL.

Kahlua..... 1299
750-ML. BTL.

**Bailey's
Irish Cream... 1499**
750-ML. BTL.

**E&J
Brandy..... 1279**
1.75-LTR. BTL.

ALL VARIETIES
**E&J
Wine..... 3/999**
750-ML. BTL.

OUR LOW SALE PRICE \$10.99
**Seagram's
Gin..... 799**
1.75-LTR. BTL.
AFTER \$2.00 OFF MAIL-IN REBATE AVAILABLE IN-STORE

**Kamchatka
Vodka..... 749**
1.75-LTR. BTL.

**B&J
Coolers..... 2/\$5**
4-PACK

Please-Be Responsible
Don't Drink & Drive

Suave Shampoo 89¢
or Conditioner... 11-15 OZ. BTL.

**Crest
Toothpaste..... 197**
6.4 OZ. PKG.

OUR LOW SALE PRICE \$8.39
**Centrum
Vitamins..... 639**
130-CT. PKG.
AFTER \$2.00 OFF COUPON AVAILABLE IN-STORE

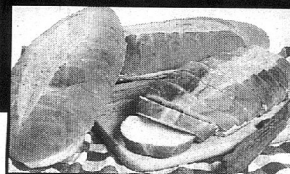
OUR LOW SALE PRICE 2/\$8.00
**Afrin
Nasal Spray..... 2/\$3**
15-ML. BTL.
AFTER \$5.00 OFF ON 3 MAIL-IN REBATE AVAILABLE IN-STORE

ANTI-BACTERIAL
**Keri
Lotion..... 299**
6.5 OZ. BTL.

**Acid Acid
Relief Tablets... 59¢**
5-CT. PKG.
LIMIT 2 WHILE SUPPLY LASTS

Bakery, Seafood & Deli Dept. VALUES!

Bakery, Deli,
& Seafood not
available at
all stores



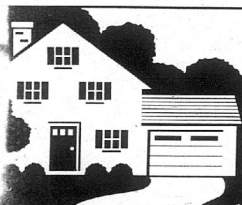
**Fresh Baked
Italian Bread**

89¢
16-OZ.
PKG.



**Orange Roughy
Fillets**

489
lb.



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Come see 1997's displays
for home building products

Friday February 14th 5 p.m. to 9 p.m.
Saturday February 15th 11 a.m. to 9 p.m.
Sunday February 16th 11 a.m. to 9 p.m.

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DECORATED
**Valentine's
Cupcakes..... 199**
6-CT. PKG.

SEEDED OR
CORN MEAL TOPPED
Steak Buns..... 99¢
6-CT. PKG.

REG. JALAPENO OR
REDUCED FAT
**Lorraine
Swiss Cheese... 399**
lb.

MESQUITE OR HONEY
**Jennie-O
Turkey Breast.. 499**
lb.

**Whole
Whiting..... 99¢**
lb.

**Cooked
Cocktail Shrimp 799**
lb.

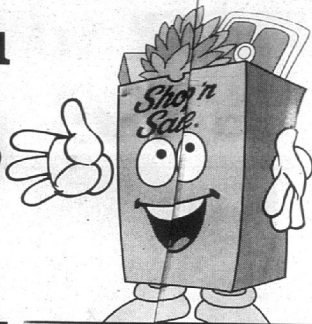
ITALIAN BEEF, CORNED BEEF,
PASTRAMI OR
**Swift Roast[®]
Beef..... 449**
lb.

ALPINE LACE
**American
Cheese..... 299**
lb.

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02123C

Shop 'n Save Brings You Great Buys



On Pillsbury Brands and Quick & Easy Meal Solutions!

ASSORTED VARIETIES

**Pillsbury
Toaster Strudel**

3/4 95
11.5-OZ. PKG.

BREAKFAST SOLUTIONS

REGULAR OR REDUCED FAT

**Pillsbury
Cinnamon Rolls** 3/\$4
11.5-12.4 OZ. PKG.

**Pillsbury
Danish Rolls** 2/\$3
11-12 OZ. PKG.

SELECTED VARIETIES
**Martha White
Muffin Mix** 79¢
7-OZ. PKG.

REGULAR OR LIGHT MICROWAVE

**Hungry Jack
Syrup** 209
24-OZ. BTL

ASSORTED VARIETIES
**Downyflake
Waffles** 97¢
10-12.5 OZ. PKG.

REG. OR BUTTERMILK MICROWAVE
**Hungry Jack
Pancakes** 2/395
15.2-16.4 OZ. BOX

EXTRA LIGHTOR BUTTERMILK COMPLETE

**Hungry Jack
Pancake Mix**

159
37 OZ. BOX

LUNCH AND DINNER SOLUTIONS

ASSORTED VARIETIES

**Green Giant
Pasta Accents**

3/4 95
16-OZ. BAG

INSTANT
**Hungry Jack
Mashed Potatoes** 169
13.3-OZ. PKG.

SLICED
**Green Giant
Mushrooms** 129
4.5-OZ. PKG.

SELECTED VARIETIES CANNED
**Green Giant
Vegetables** 5/\$2
11-15 OZ. CAN

BROWN, HOMESTYLE OR CHICKEN
**Pillsbury
Gravy Mix** 3/\$1
6.2-OZ. ENV.

ASSORTED VARIETIES
**Progresso
Soup** 99¢
18.5-19 OZ. PKG.

ASSORTED VARIETIES

**Pillsbury Plus
Cake Mixes**

79¢
18-21 OZ. BOX

ASSORTED VARIETIES
**Pillsbury RTS
Frosting** 109
15-16.5 OZ. PKG.

SELECTED VARIETIES FROZEN
**Green Giant
Vegetables** 97¢
16-OZ. BAG

ASSORTED VARIETIES
**Green Giant
Create A Meal** 2/495
19-21 OZ. BAG

ASSORTED VARIETIES
**Green Giant
Prepared Dinners** 97¢
7.5-10 OZ. PKG.

CORN ON THE COB
**Green Giant
Nibblers** 97¢
8-EARS

REGULAR OR UNBLEACHED

**Pillsbury
Flour**

79¢
5-LB. BAG

ASSORTED VARIETIES
**Progresso
Bread Crumbs** 99¢
15-OZ. CAN

K.C. MASTERPIECE
**Barbecue
Baked Beans** 99¢
16-OZ. CAN

EVERYDAY LOW PRICE
**Pet Ritz
Pie Shells** 99¢
2/9 INCH

DEEP DISH
**Pet Ritz
Pie Shells** 2/\$3
2-PACK

ALL READY
**Pillsbury
Pie Crusts** 2/\$3
15-OZ. PKG.

ASSORTED VARIETIES

**Pillsbury
Grands**

3/\$4
16-17.3 OZ. PKG.

ASSORTED VARIETIES
**Pillsbury
Bi Country
Biscuits** 79¢
10-CT.

PILLSBURY
**rescent
rolls** 2/\$3
8-OZ. PKG.

SOFT BREADSTICKS OR
**Pillsbury
Dinner Rolls** 129
11-11.3 OZ. PKG.

BUTTER TASTING, FLAKY OR BUTTERMILK, PILLSBURY
**Hungry Jack
Biscuits** 79¢
10-CT.

NEW ENGLAND
**Progresso
Clam Chowder** 139
18.5-OZ. PKG.

ASSORTED VARIETIES

**Totino's
Party Pizza**

4/395
9.8-10.9 OZ. PKG.

SNACK SOLUTIONS

REG., BLACK, FAT FREE OR VEGETABLE

**Old El Paso
Refried Beans** 79¢
16-OZ. PKG.

ASSORTED VARIETIES
**Old El Paso
Cheese Salsa** 229
15-OZ. PKG.

ASSORTED VARIETIES THICK & CHUNKY OR
**Old El Paso
Homestyle Salsa** 2/\$3
20-OZ. JAR

ASSORTED VARIETIES
**Pillsbury
Cookie Dough** 199
18-20 OZ. PKG.

SOFT
**Old El Paso
Taco Shells** 2/\$3
10-CT.

ASSORTED VARIETIES
**Old El Paso
Burritos** 3/\$1
5.5-5.9 OZ. PKG.

TOSTADA, WHITE CORN OR REG.
**Old El Paso
Shells** 2/\$3
4.5-5.25 OZ. PKG.

DELUXE, CHEESE CAKE OR DOUBLE CHOCOLATE
**Pillsbury Fudge
Brownies** 99¢
15.5-21 OZ. BOX

ASSORTED VARIETIES

**Totino's
Stuffed Nachos**

4/595
7-OZ. PKG.

Shop 'n Save and Pillsbury Santa Fe Chicken

- 1 tbs. Oil
- 3/4 lb. Boneless, Skinless Chicken Breast Halves, cut into thin strips
- 1 11 oz. can Green Giant® Niblets Whole Kernel Sweet Corn Drained
- 1 cup Old El Paso® Thick 'n Chunky Salsa
- 1 cup Ripe Olives
- 2 tbsp. Shredded Cheddar Cheese

Heat oil in a large skillet over medium heat until hot. Add chicken; cook and stir 3 to 5 minutes until chicken is no longer pink.

Stir in corn, Salsa and olives; simmer 3 to 5 minutes until thoroughly heated, stirring occasionally. Stir in chips; sprinkle with cheese. Serve immediately.
4 servings



Shop 'n Save and Pillsbury Custard Tarts

- 1 15-oz. pkg. Pillsbury® All-Ready Pie Crusts
- 3 eggs
- 1/3 cup sugar
- 1/2 cup milk
- 1/2 tsp. salt

Preheat oven to 350° F. Open Pie Crust and press to remove creases. Cut 12 circles from each crust using fluted cookie cutter 3" in diameter. Fit pastry circle into greased muffin cups, pressing sides so they reach rims.

Beat eggs with whisk. Stir in sugar and salt. Gradually blend milk. Spoon about 2 tablespoons egg mixture into each pastry.

Bake in at 350° F for about 25-30 minutes or until knife inserted in center of custards comes out clean. Remove tarts from pans. Cook on wire racks.
Makes 2 dozen.

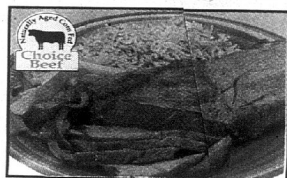
TOTAL VALUE



USDA CHOICE CORN FED BEEF
Boneless Chuck Roast

137

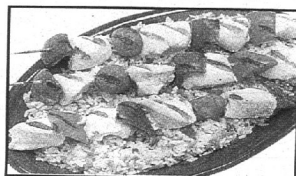
1b. SOLD AS ROASTS ONLY
LIMIT 3



FAMILY PACK
USDA CHOICE CORN FED BEEF
Boneless
Charcoal Steak

179

1b.



HUDSON ALL NATURAL CHICKEN
Fresh Boneless
Thigh Meat

139

1b.



MELLOW-CRISP
Sliced
Bacon

159

1-LB.
PKG.



BREADED OR BATTERED
STICKS OR FILLETS
Van De Kamp Fish

2/\$5

20-21 OZ.
PKG.

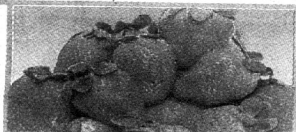
FAMILY PACK
Boneless
Beef Stew..... **1.99**
BATTERED
Sea Pak
Round Shrimp **4.99**
2-LB. LG
PORTIONS OR STICKS
Gorton's Value
Pack Fish..... **2.99**
24.5 OZ.
PKG.

Singleton
Shrimp Poppers **4.59**
20-OZ. PKG.
BROWN N SERVE
Swift Premium
Sausage..... **99¢**
7-OZ. PKG.
ALL VARIETIES
Hillshire Smoked
Sausage..... **1.99**
1-LB. PKG.

Jennie-O
Ground Turkey **89¢**
1-LB. ROLL
ALL VARIETIES
Oscar Mayer
Lunchables..... **4/\$5**
4.5 OZ. PKG.
HOT WINGS OR
Tenderbird
Chicken Bits..... **2.59**
1b.

CHUNK
Kahns
Brauschweiger **1.59**
1-LB. PIECE
Jimmy Dean
Pork Sausage.... **2.39**
1-LB. ROLL
REG.. TURKEY OR LOW SALT
Seitz Jumbo
Hot Dogs..... **1.19**
1-LB. PKG.

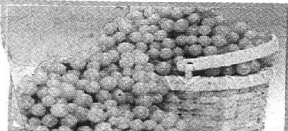
Summer Fruit Extravaganza!!



FLORIDA
Red Ripe
Strawberries

88¢

1b.



IMPORTED SEEDLESS
Red or White
Grapes

98¢

1b.



IMPORTED
Peaches or
Nectarines

98¢

1b.

FLORIDA
Temple
Oranges..... **6/98**
WASHINGTON STATE
Fuji
Apples **78¢**
1b.
CALIFORNIA
113 CT. SIZE
Navel Oranges... **6/88**

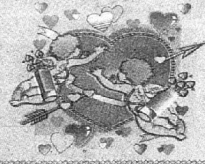
Dole Complete
Salads..... **1.68**
8-10 OZ. PKG.
Mann's Vegetable
Medley..... **1.98**
1-LB. BAG
The Finest Quality
& Selection

FRESH ONE
California
Carrots..... **78¢**
BAG
Dried
Apricots..... **2.48**
1b.
AUDUBON PARK
Wild
Birdseed..... **3.98**
25-LB. BAG



Don't Forget
Your Valentine!

IN A GIFT BOX
Long Stem Roses... **25.99**
DOZEN
SLEEVES
Long Stem Roses... **19.99**
DOZEN
SLEEVES
1/2 Dozen Roses... **10.99**
6-CT.
SLEEVES
Long Stem
Single Rose... **2.69**
EACH
MUMS, CROCUS, VIOLETS OR
Tulips... **2.28**
DOZEN
BEAUTIFUL
Blooming Tulips... **5.48**
DOZEN



Shop 'n Save

The more you shop
the more you save. SM



PRICES GUARANTEED THRU FEBRUARY 15, 1997
AT ALL ST. LOUIS METRO STORES ONLY
WE RESERVE THE RIGHT TO LIMIT NO SALES
TO DEALERS * FOR LOCATIONS
CALL: (314) 984-0000



02125A

WE TAKE PLASTIC!



Classified

CALL 877-7700 or 876-2000

LOCAL OFFICE

HOURS:
8:00 a.m. - 5:00 p.m.
Monday - Friday
Closed
Saturday & Sunday

Hours: Monday-Friday 8 a.m.-5:00 p.m. • Closed Saturday & Sunday

1-800-766-FAST (3278)

For Commercial Rates Call 877-7700. Help Wanted 876-2000.



TRANSPORTATION
1



EMPLOYMENT
210



NOTICES
400



SERVICES
700



MERCHANDISE
1700



REAL ESTATE
2100



RENTALS
2600

HOW TO...

PLACE AN AD

There are four easy ways to place your ad. **BRING IT:** 1815 Delmar Ave., Granite City, IL 62040. **PHONE IT:** Call 877-7700 or dial 876-2000. **MAIL IT:** Send your ads directly to our Classified Fax Center at 618-876-4240. We'll call you back for confirmation. **MAIL IT:** Send your ads to: Classified, Granite City Press Record Journal, 1815 Delmar, Granite City, IL 62040.

PAY FOR AN AD

You will be billed immediately following last run day. You may pay in person, through the mail, or over the phone or fax. We accept cash, checks and credit cards (MC/VISA). Discover. When paying over the phone, please have your credit card ready. When faxing your ad, just include your credit card number. We'll call you back for confirmation. Please do not send cash through the mail. Some ads require prepayment.

WRITE AN AD

Capture the reader's attention with larger headlines, bold type, and symbols. Tell them what is unique about your selling or seeking. Describe what is unique about your item, adding details such as color and condition. Avoid abbreviations; they make your ad harder to read and therefore less effective. Include your phone number and the hours you are available. Always include the price; it will increase your responses.

CANCEL AN AD

Deadlines for ad cancellation are identical to deadlines for ad placement. You may cancel an ad in person or over the phone. To cancel an ad, phone 877-7700.

TRANSPORTATION

1815 Delmar Ave., Granite City, IL 62040. **PHONE IT:** Call 877-7700 or dial 876-2000. **MAIL IT:** Send your ads directly to our Classified Fax Center at 618-876-4240. We'll call you back for confirmation. **MAIL IT:** Send your ads to: Classified, Granite City Press Record Journal, 1815 Delmar, Granite City, IL 62040.

EMPLOYMENT

1815 Delmar Ave., Granite City, IL 62040. **PHONE IT:** Call 877-7700 or dial 876-2000. **MAIL IT:** Send your ads directly to our Classified Fax Center at 618-876-4240. We'll call you back for confirmation. **MAIL IT:** Send your ads to: Classified, Granite City Press Record Journal, 1815 Delmar, Granite City, IL 62040.

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SERVICES

1815 Delmar Ave., Granite City, IL 62040. **PHONE IT:** Call 877-7700 or dial 876-2000. **MAIL IT:** Send your ads directly to our Classified Fax Center at 618-876-4240. We'll call you back for confirmation. **MAIL IT:** Send your ads to: Classified, Granite City Press Record Journal, 1815 Delmar, Granite City, IL 62040.

MERCHANDISE

1815 Delmar Ave., Granite City, IL 62040. **PHONE IT:** Call 877-7700 or dial 876-2000. **MAIL IT:** Send your ads directly to our Classified Fax Center at 618-876-4240. We'll call you back for confirmation. **MAIL IT:** Send your ads to: Classified, Granite City Press Record Journal, 1815 Delmar, Granite City, IL 62040.

REAL ESTATE

1815 Delmar Ave., Granite City, IL 62040. **PHONE IT:** Call 877-7700 or dial 876-2000. **MAIL IT:** Send your ads directly to our Classified Fax Center at 618-876-4240. We'll call you back for confirmation. **MAIL IT:** Send your ads to: Classified, Granite City Press Record Journal, 1815 Delmar, Granite City, IL 62040.

RENTALS

1815 Delmar Ave., Granite City, IL 62040. **PHONE IT:** Call 877-7700 or dial 876-2000. **MAIL IT:** Send your ads directly to our Classified Fax Center at 618-876-4240. We'll call you back for confirmation. **MAIL IT:** Send your ads to: Classified, Granite City Press Record Journal, 1815 Delmar, Granite City, IL 62040.

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AD DEADLINES

Publication Day: Wednesday, February 11, 1987. Deadline: Monday, February 9, 1987, 5 p.m. **Friday, February 13, 1987. Deadline: Wednesday, February 11, 1987, 5 p.m.** **Monday, February 16, 1987. Deadline: Friday, February 13, 1987, 5 p.m.** **Wednesday, February 18, 1987. Deadline: Monday, February 16, 1987, 5 p.m.** **Friday, February 20, 1987. Deadline: Wednesday, February 18, 1987, 5 p.m.** **Monday, February 23, 1987. Deadline: Friday, February 20, 1987, 5 p.m.** **Wednesday, February 25, 1987. Deadline: Monday, February 23, 1987, 5 p.m.** **Friday, February 27, 1987. Deadline: Wednesday, February 25, 1987, 5 p.m.** **Monday, March 2, 1987. Deadline: Friday, February 27, 1987, 5 p.m.** **Wednesday, March 4, 1987. Deadline: Monday, March 2, 1987, 5 p.m.** **Friday, March 6, 1987. Deadline: Wednesday, March 4, 1987, 5 p.m.** **Monday, March 9, 1987. Deadline: Friday, March 6, 1987, 5 p.m.** **Wednesday, March 11, 1987. 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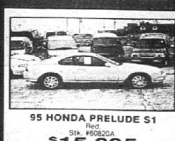
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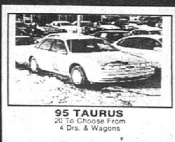
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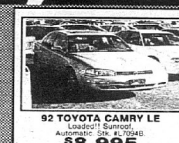
USED CARS, TRUCKS AND VANS



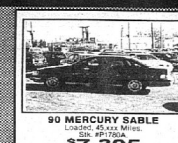
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92 TOYOTA CAMRY LE
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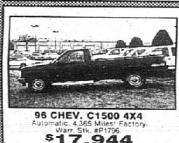
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95 GEO METRO L
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93 FORD TEMPO 2-DR.
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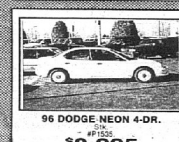
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\$12,450



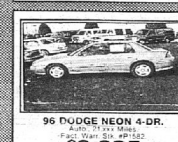
95 OLDS ACIEVA
\$8,595



92 BUICK SKYLARK
\$8,475



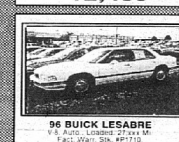
96 DODGE NEON 4-DR.
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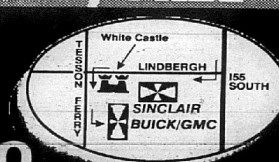


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TRUCK

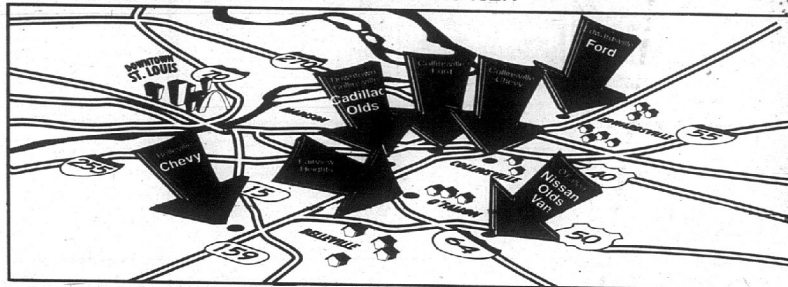
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95 CUTLASS SUPREME	\$11,995
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95 GMC CONVERSION VAN	\$18,950
94 MUSTANG GT, 5 Speed	\$12,490
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93 CHEVY CAPRICE	\$10,995
93 E150 "CONVERSION VAN"	\$14,995
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93 JAGUAR XJS, 25,000 Low Miles	\$7,495
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94 OLDS 98 "LSS", 1 Owner	\$14,490
95 CADILLAC SEDAN DALLIES	\$13,790
94 CADILLAC FLEETWOOD	\$21,990
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94 FLEETWOOD BROOKHAM	\$15,995
98 DEVILLE FLEETWOOD, FWD	\$39,950
90 CADILLAC SEDAN, 4 Door	\$10,950
94 CADILLAC DEVILLE, Low Miles	\$19,490

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94 BUICK CENTURY 4 DR, Auto, Air, Cassette	\$11,990
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90 CHEVY BETTITA, V6	Was \$9,995	IS \$7,711
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91 CHEVY LUMINA EURO	Was \$7,995	IS \$6,854
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91 CHEVY CAVALIER, 2 Dr.	Was \$10,995	IS \$8,889
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90 CADILLAC SEVILLE	Was \$9,995	IS \$8,827
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82 HONDA ACCORD	Was \$9,995	IS \$8,995
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91 FORD RANGER TRUCK	Was \$6,995	IS \$5,997
93 MERCURY TRUCK	Was \$6,995	IS \$6,277
94 FORD PROBE	Was \$6,995	IS \$5,162
90 FORD RANGER	Was \$7,995	IS \$7,254
91 FORD AEROSTAR EXTENDED	Was \$9,995	IS \$8,992
89 CADILLAC ELDOORDO	Was \$9,995	IS \$8,911
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95 MAXIMA GE, Auto, One Owner, 20,000 Miles		
83 BRIVADA AUTO, Gold, 19,000 Miles, New		
91 VW WAGON CARAT, A/T, AC, 61,000 Miles		
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95 PONTIAC FIREBIRD, A/C, Alarm, Wheels	Was \$4,995	Sale \$4,025
90 TOYOTA CAMRY 4 DR, A/C, 10,000 Miles	Was \$9,995	Sale \$7,975
90 AUDI 90 SEDAN, 65,000 Miles, A/T, Leather	Was \$11,995	Now \$9,995
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95 PATHFINDER, V6, At 39,000 Miles	Was \$10,995	Sale \$9,600
90 TORONADO TROFEO, One Owner, Leather	Was \$10,995	Sale \$8,600
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92 BUZZI PICKUP, 5 Spd., AC	Was \$7,495	Sale \$6,865
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95 FORDSIBLE AVALON, Sunroof, Leather	Was \$27,995	Sale \$22,695
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IN THE CIRCUIT COURT TAYLOR & HARRIS. CENTRAL BANK. Plaintiff.

NOTICE OF PENDENCY OF ACTION NOTICE is hereby given to Defendants, "Unknown Owners" and non-record claimants, of the following described real estate that the above entitled mortgage foreclosure action is now pending, and the day on or after which a party may be entered against said Defendant is March 14, 1997.

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HOME CHORE NA/CNA We now have part time, full time positions available in the City and County. Flexible hours, weekly pay, benefits. Don't miss this opportunity. Call now 822-2974 or apply in person at 10135 Manchester Rd. Algonquin Nurses

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STAFFING COORDINATOR Successful temporary agency seeking experienced Staffing Coordinator. Background in medicine & personnel preferred. Excellent opportunity for enthusiastic, detail oriented, people person. Send resume & salary requirements to: Staffing Coordinator, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, MO 63131

CMTs WESTVIEW NURSING CENTER Start at \$7.25 per hour. Days, Evenings, Nights. Full time, Part time, & Weekend Option. Walk-in interviews. Apply in person. Westview Nursing & Rehabilitation Center 1127 Timber Run, Creve Coeur 63146 434-8381, EOE.

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Clayton House Healthcare Center 1395 Clayton Road in Town & Country between Woods Mill Road (Hwy 141) & Wainman Road. OPEN POSITIONS: Director of Nursing, LPN, RN, CNA, & Admissions Unit Nurse Manager. New pay scale & benefit program March 1st. Please apply in person, Mon-Fri, 8:00am-5:00pm.

CNAs Due to expansion, we are now accepting applications for Evenings & Nights, 8 & 12 hr shifts available. Immediate openings. Great benefits. Please apply in person. IHS OF GRAVOIS 10554 Kennedy Rd. St. Louis, MO 63128 845-4242 Equal opportunity employer.

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CNA 7-3-11 CMT 11-17 Full and Part Time. Our nursing assistants are the backbone of quality care. We provide a competitive salary and benefits package. • \$1.50/hr bonus in our July 4th weekend program • Earn up to 3 weeks' vacation after 1 year. Interested candidates should apply in person: ManorCare Health Services, 320 Graham Rd., Florissant, MO 63031, EOE M/F/D/V.

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WANTED AD Capture the reader's attention with larger headlines, bold type, and underlines. Tell them you want what they're selling or seeking. Describe what is unique about your own selling and therefore look credible. Include your phone number and the best way to reach you. Always include the price; it will increase your responses.

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HOME/GARDEN

Foraging creatures can be taught to stay off property

Imagine...a landscape of lackluster plants where flowers and shrubs are half-eaten and shredded; fences clawed and defaced; garbage cans tipped over and emptied. Not a pretty picture is it? Unfortunately, for thousands of homeowners it's an all too real description of the serious damage wild animals and birds can do to property.

All in all, it's a problem homeowners would much rather do without; but solutions are not easy to come by. Victimizers have tried everything from scarecrows to shotgun to ward off deer, squirrels, raccoons, even neighborhood strays, but with little or no success. Animals are discouraged temporarily, but eventually return to feed and browse. The problem

seems insurmountable. So what's an environmentally aware homeowner to do? The answer may not be as difficult as you think. In fact, foraging creatures can easily be taught that your property is off-limits, if you use some common sense, a few, simple precautionary measures and an effective animal repellent, such as Ro-Pel Animal, Rodent and Bird Repellent from Burlington Scientific Corporation.

Flowers and shrubs in the garden make a tasty treat for hungry four-legged scavengers. Building a fence around areas frequently under attack, though, may seem an expensive alternative now, is one of the most cost-effective and permanent ways of keeping larger animals at bay in the long-run. To make doubly

sure that plants, and even the fence, don't come under attack, apply Ro-Pel Animal, Rodent and Bird Repellent to foliage and other absorbent surfaces.

Available as a liquid spray, repellents such as Ro-Pel work on the principle of aversive taste and can be applied safely to trees, shrubs, ornamentals, plants, grass, flowers and bulbs. When animals try to lick, bite, nibble or chew anything coated with the spray, from geraniums to garbage, they get a bitter, lingering and repulsive taste in their mouth. Because the spray does not wash off in rain, snow, dust or wind, any animal that returns to feed again will get another bitter reminder that this property is off-limits. Essentially, animals are "trained" to leave

your property alone without any harm to the animal or the environment.

Colorful flowering bulbs add a touch of royal splendor to any landscape. Bulbs, however, are also a dietary staple for many ground-dwelling creatures, such as mice, squirrels and chipmunks. To keep these animals from making a restaurant out of your garden, soak bulbs for a minute in a repellent prior to planting. This will give any bulb-eating creature a foul-tasting

message that these plants are no longer on the menu. After bulbs have grown and flowered, spray the blossoms with the repellent again to deter animals such as deer and rabbits from chewing on flowers and other foliage.

Every person's trash is a hungry animal's treasure, so open garbage containers are a common target for nighttime creatures on the hunt for an evening's meal. More often than not, the feeding frenzy results in a yard littered with

the week's garbage and a severe headache for the person responsible for clean-up.

To avoid this scenario in the future, invest in a new, sturdy set of trash cans with tight-fitting lids. If you're using paper bags, try switching to a more durable, and tear-resistant plastic bag. Also, consider using a contact repellent, such as Garbage Protector, to ward off unwanted foragers, among them stray cats, squirrels and mice.

Do a white kitchen — creatively

The trend toward white kitchens really turns you on, but the white-on-white look is just too bland for your taste. Can a kitchen be white, without the appearance of boring sameness?

"Actually, doing all or a major portion of a kitchen in white allows more personal creativity in designing a space that's definitely neither bland nor boring," say home economists from Whirlpool Corporation. They suggest combining white-finished cabinets with

contrasting black glass appliances, using touches of brass for cabinet hardware and surrounding the white areas with natural wood tones. Varied-height base cabinets are topped by white counters with contrasting wood edging. A ceiling skylight and hardwood floors emphasize the basic white and black of the kitchen centers.

According to Whirlpool home economists, this broken "U" kitchen is just as efficient as it is beautiful. On the right, a deluxe baking center features

a combination full-size microwave oven and 30-inch self-cleaning electric oven. The elevated end of the adjacent center island offers a convenient spot for handling and serving food from the ovens.

Adjoining the baking center, the food storage area features a deluxe 25-cu.-ft. side-by-side refrigerator-freezer. The grooved wood panels installed in its doors match those of surrounding cabinets, giving the appliance a built-in appearance.

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ARE YOU LOOKING FOR A HOME TO CALL YOUR OWN? Then this 2 1/2 bedroom bungalow could be yours. Full basement, fenced back yard, off street parking and a huge lot with a fence to match. Centrally located and priced right at \$39,900. LG 921.

ORNATE MOLDINGS AND A FIREPLACE greet you upon entering this 2 story home. A formal dining room, 3 bedrooms, 1 1/2 baths and a sunroom are just a few of the many areas in this home. Come see for yourself why some people believe you really get better when you get closer to a home for \$39,900. Call today for your showing! LG 916.

MOVE-IN CONDITION! Very neat 3 bedroom bungalow with attached garage. This summer you will enjoy the fenced back yard and the above ground pool. LG 838.

WELL MAINTAINED home with 2 car detached garage. This home has 3 bedrooms, a dining room and large deck. Full basement and all the conveniences. Call. All and more for under \$50,000. LG 828.

CHARMING REMODELED home with finished basement. This 2 bedroom bungalow has new windows and siding. Garage, too. Priced in the low 40's. LG 509.

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Approx. 16.15 acres zoned R-4 development property - all utilities available - over 600 feet lake frontage. LG 40.

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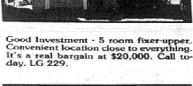
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R3450.KINGSBROOKE. Open & airy is the design of the new 2 story offering 4 BR's, 3 baths, 3 car side entry garage, walkout basement, 1st floor laundry & more. Call Don Whitehead at 258-5578 or page 338-9645, \$189,900.



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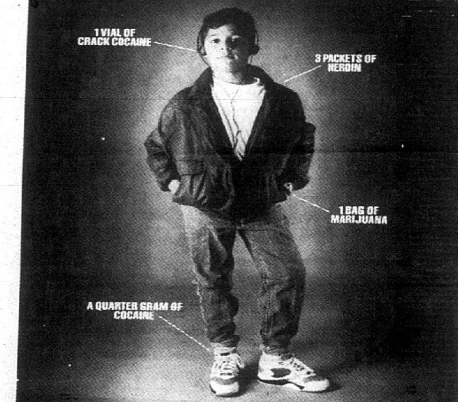
R3411.MONTCLAIRE. Charming brick 3 BR ranch in ideal location. 2 baths, w/ shower & stool in partial basement, fenced back yard, close to shopping & school. Call Denise Lechner at 288-5213 or page 338-9645, \$36,500.



R3342.DUNLAP LAKE. Well maintained brick 3 BR ranch on a beautifully landscaped & landscaped lot. Call Shirley Smith at 341-2456 or page 338-9645 for details. \$139,900.



L3814.GOLF COURSE LOT. with potential value over \$19,500. Call RICH ANDERSON 692-1579 or page 341-9752.



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He doesn't see the energetic, young mind that understands the cause and effect. He doesn't see the much loved kid in the jacket that made the mother smile. All he sees is the cocaine recorder and the jacket, and how to get the money for his next fix.

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